

VAGABOND TENNIS SELF-RATING SYSTEM

Your Name _____ Date Form Completed _____

To determine your rating, start at the top and read down. When you identify with one of the items indicated, put that rating's number in the box to the right of it (example: if you identify with an item under 2.5, put 2.5 in the box after that item). When you are finished with a section, count the number of boxes with entries and put that number in the No. of Boxes with Entries space. Add up all the numbers that you have put in boxes for that section and put that number in the Number of Points box for that section. When you are finished, transfer the number of boxes checked and the number of points for each category to the summary section at the very end of this form. **Please be very honest with how you rate yourself, because everyone depends on everyone else's rating for fair matches!**

2.0 Characteristics

You lack court experience and your strokes need developing	
You tend to have an incomplete swing, not following through	
You lack directional intent – you can't regularly hit it where you want it to go	
Your backhand still needs to be learned	
Double faults are fairly common	
Return of serves is erratic	
You are reluctant to play the net	
You lack good footwork to adjust positions, frequently out of position to return shots	

Number of 2.0 Boxes with Entries 2.0 Points

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2.5 Characteristics

You are still learning to judge where the ball is going	
Your court coverage is limited	
You can sustain a short rally of slow pace with other players of the 2.5 ability	
You try to avoid backhand by hitting forehand	
You have an inconsistent toss on your serves	
You have trouble returning serves unless they are slow-paced	
You are uncomfortable at the net, especially when having to use backhand	
You try to lob occasionally but without great control of it	
You usually make contact on overhands but not good control of direction	
You can sustain a short rally of slow hits, not harder ones	
Weak court speed	
You tend to remain in doubles position without moving a lot	

Number of 2.5 Boxes with Entries 2.5 Points

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3.0 Characteristics

You are fairly consistent when hitting medium-paced shots	
You lack directional control and depth on your shots	
Your backhand is developing but still needs work	
Not consistent when trying power shots	
Second serve is fairly weak	
Generally okay at returning medium power serves but power serves are difficult	
You have trouble with low and sideline shots	
Trying to develop good lob shots but not harder ones	
Limited court coverage	
Generally just move to net when forced to go there	

Number of 3.0 Boxes with Entries No. of 3.0 Points

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3.5 Characteristics

You have achieved excellent stroke dependability, with directional control on most shots	
You have a solid forehand and a solid backhand	
You have very good court coverage	
You very seldom double fault	
You can lob effectively and return lobs effectively	
You are starting to develop spin to throw off opponents	
You exhibit aggressive net play	
You can return serves and sideline shots of 3.5 players consistently	
You are consistent on putting away overhead shots	
You are developing drop shots	
You look for net opportunities to challenge opponents	
You have good court coverage and are good at teamwork in doubles	

Number of 3.5 Boxes with Entries 3.5 Points

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4.0 Characteristics

Tremendous directional control and depth on both forehand and backhand shots	
Great with lobs, overheads, approach shots, volleys against other 4.0's	
Frequently force opposition errors and get points on your serves against 4.0's	
Outstanding teamwork is evident in doubles	
Great at using spin to throw off opponents	
You place first and second serves consistently in the box, often with power on the first serve	
You are dependable on returning power serves and handle sideline and low shots well	
You can typically put away overheads well	
Following aggressive shots, you rush to the net to hit the opponent's return	
You can regularly hit to opponent's weaknesses	
You have excellent court coverage and display good teamwork	

Number of 4.0 Boxes with Entries 4.0 Points

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SUMMARY:

	Number of Boxes with Entries	Points
2.0 Characteristics		
2.5 Characteristics		
3.0 Characteristics		
3.5 Characteristics		
4.0 Characteristics		
TOTALS		

To get your rating:

Divide the *Total Number of Points* by the *Total Number of Boxes with Entries* and enter here: _____.

(THIS IS YOUR RATING)

Signature _____