

January 2020

V62 N1

## **GENERAL MEETING – JANUARY 8**

Serb Hall • 5101 W. Oklahoma Ave.

## Welcome Back, Vagabonds, to the Brand-New Year of 2020!

SPECIAL MEAL CHOICES: Italian Sliced Roast Beef, Mashed Potatoes, Green Beans, & free soda coupon, \$10, OR salad & roll for \$5.

5:00 pm Bar Opens and Meal Service Starts

5:30 pm Free Roundtable on How To Recognize & Avoid Scams 6:30 pm Event Signups7:00 pm Meeting, Event Announcements & More8:00 pm Signups, Party, Dancing to music of **Bobby Way** 

If your birthday is in January, we wish you a **HAPPY BIRTHDAY** and will sing "Happy Birthday" to you at our meeting. We also ask those with birthdays this month to bring a treat to share – **DESSERT ITEMS ONLY**: cookies, cake, brownies. Place them on the front table in the big room so all can enjoy after the meeting at 8:45.

# Friday FISH FRY 🖘 January 10

Drinks 5:30-6:30 pm • Dinner @ 6:30 pm (Please wear your Vagabond name tag to expedite dinner & drink tabs)

# THE PACKING HOUSE

900 E. Layton Ave. • Milwaukee

## Please let us know in advance if you want Fried or Baked

RSVP to **Sally Borchardt** at sjborch27@aol.com or leave a message at 414-349-9359 by 5 pm on Jan. 9th.



# **FREE ROUNDTABLE:** What You Can Do to Protect Yourself from Common Scams

Lisa Schiller, Director of Investigations and Media Relations for the Better Business Bureau Serving Wisconsin, will be speaking to our group about common scams, how to report them, and what you can do to protect yourself. Learn more about common scams including imposter scams, the Grandparent Scam (also known as emergency scams), sweepstakes and lottery scams, online purchasing scams, computer tech scams, fake check scams, plus home improvement, romance and charity scams. The Better Business Bureau is a non-profit organization that works to advance marketplace trust between buyers and sellers and promotes informed buying decisions. BBB does this through free services it offers such as complaint assistance and mediation, news releases announcing scams and timely tips, a verified customer review service, speaking to groups, working regularly with the media and providing more than 5.3 million free

reports on businesses and charities throughout the United States, Canada, and Mexico.

## Vagabond Ski & Social Club Inc. Hot Line: 414-297-9793 VagabondSkiClub.com

#### OFFICERS

President	Linda Horn 262-707-1450 linda.horn1@gmail.com
Vice President	Pam Cole 414-750-6011 marlytab@yahoo.com
Treasurer	Les Radtke 414-529-7876 jrles@twc.com
Secretary	Ann Jankowski 262-391-9534 janl.ann@gmail.com

#### **OTHER BOARD MEMBERS**

Public RelationsRon Sonntag 414-788-4907 ron@rspr.com					
<b>Membership</b> Jan Breitbach 414-732-9749 jan.breitbach@gmail.com					
Sporting ActivitiesJohn Podsedly					
i Tennis/Pickleball 414-369-4199					
johnpodsedly@gmail.com					
<b>Finance &amp; Bylaws</b> Sue Cummings 414-421-6248 vag_bylaws@yahoo.com					
S <b>ki Activities</b> Joyce Szulc 262-886-9328 jszulc@wi.rr.com					
Social Activities Cindy Hummer 262-781-5235 cjhum1383@gmail.com					
<b>Meetings</b> Greg Larson 414-588-4998 htcgreg07@gmail.com					
VAGABOND LIFE					
Design/LayoutJennifer Rueth 414-581-2725 ruethgraphics@sbcglobal.net					
Photographer Jay Potter					

From the President Linda Horn

Happy NEW YEAR!! Make 2020 the year you get the most from your Vagabond Ski & Social Club membership by participating in more and more of the many wonderful events and activities the Club offers. And, to get even more from your membership, please consider taking your in-

volvement to the next level by volunteering to help with an event, by assisting with an activity, or suggesting ideas for new events and activities.

Becoming an event leader or co-event leader is an ideal way to meet more people and learn more about the Club at the same time. If you have never run an event before, we will make sure you have an experienced event leader working closely with you to answer your questions and concerns. You will meet new people and find that they are very appreciative of you and your efforts to provide an event for them to enjoy. Please give it some thought. Event Training will be run towards the end of January so now is a good time to step forward. More information about it is in the Social Activities Section of this issue of the *Life* newsletter. You will be glad you did, and you will be helping the Club, too.

Linda Horn

# How To Register Two People For The Same Event

by Linda Horn

This is our most frequently asked question. Below are two ways to register two people for the same event.

#### <u>Option 1</u>

- Register yourself for the event.
- Select the event again and click **REGISTER**.
- The first screen displays your email address. Delete your email address and type the email address of the second person you are registering.
- Continue the registration and payment process as you did for yourself.

#### <u>Option 2</u>

- Register yourself for the event.
- When you get to the screen that says **PAY ONLINE**, click **INVOICE ME**, instead.
- Click **NEW REGISTRATION**. Your email address appears again. Delete it and type the email address of the person you are registering.
- Continue the registration until you reach the Review & Confirm screen. Click **PAY ONLINE**.



## **Over-the-Hump** Wednesday, Jan. 22 • 5-7 pm

BULLWINKLE'S SPORTS BAR • 20290 W. Bluemound Rd. Brookfield No RSVP required. • See you there!

<u>Milwaukee:</u> 8-9 am every Saturday for breakfast at **Genesis Restaurant, Beloit Rd. & 108th St.** Good food, talk and fun. New and prospective members welcome.

**Menomonee Falls:** 8:30 am, on the 2nd and 4th Saturday of the month, in a "private room" at **Ally's Bistro, N72 W13350 Lund Ln., Menomonee Falls** on the corner of Appleton and Good Hope Rd. (enter from either). Contact **Bonnie Lemmer** with questions at bojean05@sbcglobal.net or 262-370-6673.



**Racine/Kenosha Breakfast:** Saturday, Jan. 11, 9 am. **Meli Café at 1158 Prairie Dr.** From the north, exit hwy. 20, east (Washington Ave.) toward Racine. Shortly past Case HS on the right, turn left onto Prairie Dr. New and prospective members always welcome. Questions? Call **Carol Gavigan** 262-632-1922

Website ..... Nick Pumilia

262-490-9973

npumilia@wi.rr.com

jaypotterphotogu858@gmail.com



## Natura Riviera Cancun Resort



### 2020 Mexico Vacation • Feb. 10 - 17

Vacation at the all-new, all-inclusive NOW Natura Riviera Cancun Resort located on the white sands of the Caribbean Sea. Swim up bar, infinity pool with water slide, a la carte restaurants, buffet, café, kayaking, themed parties, free wi-fi and more. Nonstop Milwaukee to Cancun. Valid passport needed. Call **Sue Cummings** to be put on the Wait List, 414-421-6248.



## "Hey, are you on Facebook?"

If you are, please 'Like' the Vagabond Ski & Social Club page. Then share our posts with your friends. This is a great way to reach potential members."

#### JOIN OUR MISSION TO GIVE RESPECT AND CARE TO THOSE IN NEED

We need your Experience,

Heart and Compassion

Hiring: Flexible Part Time Hours

Apply at: our office (414)-858-9400 Or on our hotline: (414) 858-9343 Or in person at: 8505 W Forest Home



Human Spirit



If you have any questions or are willing to volunteer, contact me at 414-732-9749 or jan.breitbach@gmail.com.

## WELCOME NEW OR RETURNING MEMBERS:

(The up-to-date information available in the on-line directory.)

Lynn Christopherson	Justin Gigst	ad Beth Ludlow
Pamela Rugen	Ken Smith	John Walsh



Payment Options for all events (unless otherwise noted):

- 1. Online Registration with Credit Card payment
- 2. In person with completed Event Coupon and credit card or check
- 3. By mail, send completed Event Coupon with check to Event Leader



## **Pickleball Lunch Party** • Tues., Jan. 14 • **\$16** Center Court, 815 Northview Road, Waukesha

Check in 10:30 to 11 a.m., play 11 a.m. to 12:30 p.m., followed by a pizza lunch. Instruction and paddles provided for new players or for those wanting to brush up. **Price: \$16**. There is a full bar, so belly up for whatever you choose (not included in event price). Please bring a paddle if you have one. Bring water and lots of energy!

Sign up online or send your event coupon and check by mail. Event coordinator: **Jae Hartnell**,

(608) 712-7440.



TENNIS, TENNIS TENNIS & MORE GREAT TENNIS! Fridays, Jan. 24, Feb. 28, Mar. 27, April 24 \$26 per party

Highlander Elite Tennis Club 13825 W. Burleigh Rd., Brookfield

5:30 pm – Check In 6:00 – 7:30 pm – Tennis 7:30 – 9:00 pm – Food and Social Time

## All of the tennis parties are full, but cancellations happen, so please add your name to the wait list.

Register online or call **Linda Horn** at (262) 707-1540. The fee is **\$26**, but no payment is due until a spot is available for you. Social participants (non-players) can watch the matches and then join in the celebration afterward. The fee for them is **\$10**. Event coordinators are **Pat Ellingson** and Linda Horn.



# Skiers – Pre-Trip Ski Meetings Dates!

If you are registered for Aspen/Snowmass, Zermatt/Barcelona or Steamboat, be sure to watch for your email invitation to these get-togethers for final trip details and a chance to meet your fellow skiers. All gatherings will be held at Alioto's in Wauwatosa. An RSVP is required.

- Aspen/Snowmass Tuesday, Jan. 7 @ 5:30 pm
- Zermatt/Barcelona Tuesday, Jan. 28 @ 5:30 pm
- Steamboat Tuesday, Feb. 25 @ 5:30 pm

## Let's meet up at Cascade Mountain! Tuesday, Jan. 28 @ 10 am

Less than two hours from the Milwaukee area, Cascade Mountain in Portage (north of Madison) is the perfect place for us to meet for a day ski trip. Meet in the lodge by 10 am and ski until about 1 pm. We will meet inside for lunch and then out for more skiing.



Drive yourself or carpool. Carpoolers will leave at 8:30 am from the Nagawaukee Park & Ride, I-94, Exit 287. You must contact Carol if you are planning to carpool. Lifts open at 10 am and lift tickets are on your own. Cascade has 11 lifts and 47 trails. For more information visit www.cascademountain.co. Questions? Contact event leader **Carol Cavigan** at cjgavigan177@gmail.com or 262-632-1922.



Payment Options for all events (unless otherwise noted):

- 1. Online Registration with Credit Card payment
- 2. In person with completed Event Coupon and credit card or check
- 3. By mail, send completed Event Coupon with check to Event Leader

#### Weekend Bus Ski Trip Feb. 21-23, 2020 • Big Snow Resort, Wakefield, MI \$355/person (double occupancy)

There is still time for you to sign up for this weekend trip held jointly with the Milwaukee Sitzmarks Ski Club. Sign-up deadline is Friday, January 17. Ski two mountains for the price of one: Your lift ticket includes both Indianhead Mountain and Blackjack Mountain with 56 trails, 15 lifts and over 400 skiable acres. Price is \$355 per person (double occupancy). All details and options on our website. Questions? Contact trip leader **Joyce Szulc** at 262-886-9328 or email at jszulc@wi.rr.com.



# Tips to recover after a day of skiing

**Stretching:** This is one of the best ways to help your body recover after skiing and to help avoid sore muscles the next day. Stretching aids muscles return to their original position by removing the tension. Make sure that you focus on stretching your leg muscles, glutes and lower back.

**Massage**: A great way to make sure you are ready for the next day on the slopes is to get a sports massage that works on the soft tissues around the most worked parts of your body, especially the lower back and knee area.

**Hot Tub or Sauna:** Warming your body increases blood flow and allows more oxygen to get to your muscles. Experts advise that you wait for several hours before hopping into a sauna or a hot tub after skiing to make sure that you are thoroughly hydrated.

**Ice Bath:** This is probably the best technique to ensure your muscles recover overnight. All you need is a bath at normal cold tap temperature. The cold temperature slows the inflammation. If there is a fresh dump of snow you could always jump in that.

**Stay hydrated**: All the above will be a waste of time if you don't hydrate effectively. We all know that at altitude you lose water from your body faster than at sea level. If you are then taking part in a strenuous activity such as skiing, you will become dehydrated even quicker.





## Ballroom Dance Classes NEW! – Starting in February!

## Two 8-week Options for \$108

Mondays @ 4:45 – 5:40 pm, Feb. 10 – Mar. 30 – **OR –** 

Thursdays @ 3:10 – 4:00 pm, Feb 13 – April 2 Social Style Dance • 3562 Hillside Dr, Delafield (Between Delafield Brewhaus and Home Depot)

Eight consecutive weeks of dance lessons. Register as a Single or a Couple. Select from either Monday **OR** Thursday afternoons. The first 8 weeks will begin with the Push Pull & Rumba, and continue to other social ballroom dances including waltz,

cha cha, and more. The lessons focus on Learning the Steps, Dancing on the Beat, Leading and Following, and Polishing everything so it flows together nicely. Because these classes are for singles or couples, please plan to switch partners during class. Suitable footwear is dance shoes, socks or slippers (but not with rubber on the bottom). This is because hard bottom shoes (which are too slippery) or rubber bottom (which are too sticky) can cause falls or injuries.

We may stop after class at one of the many nearby restaurants for refreshments and socializing. **Cost is \$108 for all 8 weeks**. Register Online at the next General Meeting or mail a check and event coupon to **Linda Horn**, 2311 Emslie Dr., Waukesha, WI 53188. Questions? Call Linda at 262-707-1450.

### Dance Lessons - Session No. 4 Wednesday, Jan. 22 • \$38 per couple American Legion Post • 3245 N. 124 St., Brookfield

Grab your partner again for more fun with our professional instructor, Stephanie Scherzberg, to learn Salsa and Rumba – a refresh with additional steps from Lesson No. 1. What great fun for everyone, especially those anticipating a trip to Mexico in February! Don't have a partner? Please let us know and we will do our best to match you with someone else who is asking – man or woman. Contact event coordinator **Mary Beth Braun** at 262-443-7291 or mbbraun4@wi.rr.com.

continued on page 6



## Sporting Activities John Podsedly



continued from page 5

### **Bowling League**

Once a month on Sundays @ 5:30 pm Jan. 5, Feb. 9, Mar. 1, April 5, May 3 Bluemound Bowl • 12935 W Bluemound Rd, Brookfield

There is still room for you in the Vagabond bowling league – as a single, couple or team of four (all men, all women or mixed). Call **Michelle Dloogoff** or **Frank Berg** at (414) 540-1411.

#### SUNDAY HIKES (Walk for the Fun – Or Just for the Health of It!!!)



Jan. 5 @ 1:00 pm • Minooka Park. Meet in the parking lot on Sunset Drive in Waukesha, just west of Hwy. Y (Racine Ave.) and just east of Hwys.164 and 59 or carpool from Matteo's (just east of the 164 and Sunset intersection). Hike from 1:10 till 3:10, then to Matteo's at 3:20 to eat and watch football, with plenty of time for bowlers to get to 5:45 bowling.

## Jan. 12 @ 1:30 pm • Glacier Hills Park near Holy Hill.

Head north on 45 to Hwy. 167 West (Holy Hill Rd.),west to road

for Fox & Hounds, south to park entrance. Hike from 1:45 to 3:45, then to Sawmill Inn on Hwy. 167 at Hwy. 45 for great meal and homemade ice cream at 4.

## Jan. 19 @ 1:30 pm

Whitnall Park in Hales Corners, 5879 S. 92nd St., (south of Forest Home on S. 92nd St.). Meet at Golf Course parking lot along S. 92nd St. Hike 1:45-3:45. Then head to Bosch Tavern, at Hwy. 100 and Janesville Rd. to eat at 4:00.

Jan. 26 @ 1:30 pm • Nashotah Park. Meet at Hwy. 16 and C Park & Ride at 1:30. Hike 1:45 to 3:45. Head to Nashotah Clubhouse in Nashotah at 4 to eat and chat.

*Join the fun and great exercise.* For more info, call **Ron Sonntag**, (414) 788-4907.

## SNOWSHOES

**Bonnie Lemmer** is ready to lead snowshoe hikes this winter when there is enough snow on the ground. Contact her at bojean05@sbcglobal.net or (262) 370-6673.



# Social Activities Cindy Hummer



Scrabble Jan. 13 & 27 • 1 pm • \$1 plus a beverage American Legion Post 3245 N. 124th St., Brookfield

Bring your Scrabble board and dictionaries. Questions? Call **Carol Palmert** at 262-366-5080 or **Lynn Kozlowski** at 414-545-2208.

## Sheepshead/Dominoes/Cribbage

Tues., Jan. 7 & 21 • 6 pm • \$1 plus a beverage American Legion Post

3245 N. 124th St., Brookfield

Call Dick Kowalski at 414-416-3009 for sheepshead questions, and Cerry Botticchio at 414-425-3911 for dominoes or cribbage questions.



## Milwaukee Bucks Game

Mon., Jan. 20 • 4 pm • WAIT LIST ONLY Tickets for Upper Bowl and Lower Bowl



Come see the Milwaukee Bucks play against the Chicago Bulls on Monday, Jan. 20th at 4 pm. We have reserved a block of tickets in the Upper & Lower Bowl sections. You will be sitting among your Vagabond friends!

Tickets for Upper Bowl, tickets for Lower Bowl are **\$63**. Sign up online for the Wait List or send your completed event coupon and check payable to VSSC to Jean Dueling

at 1530 Golden Drive, Hubertus, WI 53033. Questions? **Contact Jean Dueling**, 414-321-0258 or **Nancy Mathews**, 414-491-6500.

We're always looking for great photos of our members enjoying activities and you are our best source! Send your high resolution (largest) photos to Jeff White at ejwhite8942@yahoo.com so they can be uploaded to the website and used in the *Life* when we have space. Also send your photos to Joyce Szulc, jszulc@wi.rr.com, to post on the Vag Facebook page.

#### **Disney's The Lion King** Thurs., Feb 6 • Noon Buffet • 2 pm Show Marcus PAC • 929 N. Water St., Milwaukee



Disney's *The Lion King* continues to amaze, with astounding visuals that will make this a show one you'll remember forever. Marvel at the breathtaking spectacle of animals brought to life by an enormous company of international performers, whose detailed costumes, carved masks, and intricate makeup will transport you to the gorgeous vistas of the

African savanna. Giraffes strut. Birds swoop. Gazelles leap. The entire Serengeti comes to life as never before. And as the music soars, Pride Rock slowly emerges from the mist.

More than 95 million people around the world have experienced the awe-inspiring visual artistry, the unforgettable music, and the uniquely theatrical storytelling of this Broadway spectacular – one of the most breathtaking and beloved productions ever to grace the stage. Winner of six Tony Awards,<sup>®</sup> including Best Musical. *There is simply nothing else like THE LION KING*.

Join us at Noon for a buffet of chicken, boneless ribs and all the fixings. Price includes lunch and show. Loge Row A **\$88**, Orchestra Row R **\$108**, Orchestra Row P **\$130**. Signup online or mail your completed event coupon and check payable to VSSC to **Gail Lofgren**, N77 W5446 Baywater Lane, Cedarburg 53012. Questions? Call Gail at 262-377-4396.

## **Event Training**

Monday, Jan. 27 @ 6:30pm Brookfield Public Library • 1900 N. Calhoun Road For past, present & future event leaders, co-event leaders, and the curious

We will review the types of events (simple, intermediate and complex), how to go about making your idea of a Vagabond event into a reality, accepting payments by mail, at meetings and viewing them online. You will learn how to add all payments to Wild Apricot so they are all together in one place! We will show you ways to take the event attendance, send email reminders and many other easy to use features of Wild Apricot. There will be an Event Training Manual for reference.

Bring your laptop, tablet, smart phone. There will be some laptops and tablets available to share. Please call or text **Cindy Hummer** 262-894-1383, **Joyce Szulc** 262-902-3248 or **Linda Horn** 262-707-1450.

### **Chasin' Dem Blues** *A Celebration of the Blues* Saturday, Feb 29 @ 4 pm • Stackner Cabaret • \$40



During the Great Depression, an extraordinary parade of musical talent cut records in an old chair factory in Grafton Wisconsin. For a few brief, bright years at the height of the jazz and blues age, Paramount Records was the leading label for recording artists of color in the Midwest – and broke down small-town racial barriers along the way. Come hear some of the folk,

gospel and blues popularized by Louis Armstrong, Alberta Hunter, and even Jimmie O'Bryant's Famous Original Washboard Band.

This exuberant musical celebration of some of the greatest jazz and blues music features four sensational quadruple threat performers guiding the journey through story and song. Tickets for this event are only \$40. Tables of 8 and 4 are right up front and food & drink can be ordered at your table. Sign up online or mail your completed Event Coupon and check to **Nancy Drolshagen**, 8244 S. Potomac Ave. Milwaukee, 53218 Questions? Call Nancy at 414-461-3147.



## **New Choral Group Forming**

Do you like to sing? Play the piano? Or, play another musical instrument that could accompany a chorus?

Joan Stevens, an experienced vocal/choral/instrumental director, with a degree in Vocal and Instrumental music, would like to start a group of Vagabonds who like to sing. If you are interested, please contact Joan at 414-545-3381 or treelady4059@gmail.com. A meeting date for those who sign up will be announced.



Over 60 Years of Fun and Friendships

Vagabond Ski & Social Club Membership P. O. Box 26173 Milwaukee, WI 53226

#### Facebook Help Wanted

Help us find new members thru Facebook by simply going to <u>Facebook.com</u>, signing up, then selecting "**Like**" on our Vagabond Ski & Social Club page. Also post pictures from Vag events you do. DATED MATERIAL

Deliver before Thursday, December 26th

<b>FUTURE EVENTS</b>	Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>2020</b> 2/1 Ski Race Team 2/6 Lion King	29	30	31 New Year's Eve – Serb Hall Shriner's New Year's Eve	1	2	3	<b>4</b> Genesis Brfst
<ul><li>2/10 Ballroom Dance Classes</li><li>2/10 Mexico Trip</li><li>2/13 Ballroom Dance Classes</li><li>2/16 Race Team</li></ul>	5 Hike Bowling	6	<b>7</b> Sheepshead – Dominoes	<b>8</b> General Meeting	9	10 Fish Fry	Aspen-Snowmass Genesis Brfst Falls Brfst Racine Brfst
<ul> <li>2/21 Big Snow Ski Trip</li> <li>2/28 Tennis Party</li> <li>2/29 Chasing Dem Blues</li> <li>3/1 Steamboat Springs Ski Trip</li> </ul>	12 Hike Race Team	13 Scrabble	14 Pickleball Party	15	16	17	<b>18</b> Genesis Brfst Race Team
3/27 Tennis Party 4/24 Tennis Party	19 Hike	<b>20</b> MKE Bucks Game	<b>21</b> Sheepshead – Dominoes	<b>22</b> Over the Hump Dance Lesson #4	23	<b>24</b> Tennis Party	25 Genesis Brfst Falls Brfst
	<b>26</b> Hike Race Team	27 Scrabble	28 Cascade Mtn Ski Trip	29	30	<b>31</b> Zermatt/ Barcelona	1 Ski Race Team