

February 2020

V62 N2

GENERAL MEETING – FEBRUARY 5

Serb Hall • 5101 W. Oklahoma Ave.

SPECIAL MEAL CHOICES:

Lasagna, Garlic bread, corn, \$10 with free beverage coupon OR Hamburger & Fries, \$7, OR Soup for \$4.

5:00 pm Bar Opens and Meal Service Starts

5:30 pm Free Roundtable on Healthy Aging, Part 2 6:30 pm Event Signups
7:00 pm Meeting, Event Announcements & More
8:00 pm Signups, Party, Dancing to music of Danny Moore and the Boogie Woogie Flu

If your birthday is in February, we wish you a **HAPPY BIRTHDAY** and will sing "Happy Birthday" to you at our meeting. We also ask those with birthdays this month to bring a treat to share – **DESSERT ITEMS ONLY**: cookies, cake, brownies. Place them on the front table in the big room so all can enjoy after the meeting at 8:45.

Friday FISH FRY 🖘 February 7

Drinks 5:30-6:30 pm • Dinner @ 6:30 pm A GREAT Special Menu, and for a special treat, try the Dingo Chips.

MAXIM'S

18025 W. Capitol Dr. • Milwaukee

To sign up, RSVP to Jae Hartnell at jchartnell24@gmail.com or leave a message at 608-712-7440 **by 5:30 pm** Feb 6.



Healthy Aging, Part 2

Fortunately, we are being treated to another great Roundtable by our own Vagabond, Dr. Bill Gaertner, who will be talking about "Healthy Aging Part 2." This time he will be tying together a number of important health messages from previous presentations such as the devastating effects of Metabolic Syndrome, Alzheimer's Disease Prevention, plus Healthy Aging ideas, including the latest research findings on healthy aging. He'll also talk about the benefits of regular physical activity for every cell in your body, healthy eating (for your heart & brain),stress management (for peace of mind), social engagement (for your soul) and the dangers of loneliness, social isolation, tobacco use (both smoking & vaping), excessive alcohol consumption and even moderate consumption as we age, plus effects of other drugs. His emphasis will also be on simple things we all can do to increase the time before diseases or aging might take effect on our bodies, and how to create healthy habits to stay relevant and engaged during one's "Golden Years." There will be abundant handouts for you to bring home to share with your families & friends & hopefully time for questions & answers about healthy aging.

Vagabond Ski & Social Club Inc. Hot Line: 414-297-9793 VagabondSkiClub.com

OFFICERS

| President | Linda Horn 262-707-1450 linda.horn1@gmail.com |
|----------------|---|
| Vice President | Pam Cole 414-750-6011 marlytab@yahoo.com |
| Treasurer | Les Radtke 414-529-7876 jrles@twc.com |
| Secretary | Ann Jankowski 262-391-9534 janl.ann@gmail.com |

OTHER BOARD MEMBERS

| Public RelationsRon Sonntag 414-788-4907 | | | | | |
|--|--|--|--|--|--|
| ron@rspr.com | | | | | |
| Membership Jan Breitbach 414-732-9749 jan.breitbach@gmail.com | | | | | |
| Sporting ActivitiesJohn Podsedly | | | | | |
| & Tennis/Pickleball 414-369-4199 | | | | | |
| johnpodsedly@gmail.com | | | | | |
| Finance & Bylaws Sue Cummings 414-421-6248 vag_bylaws@yahoo.com | | | | | |
| Ski Activities | | | | | |
| Social Activities Cindy Hummer 262-781-5235 cjhum1383@gmail.com | | | | | |
| Meetings Greg Larson 414-588-4998 htcgreg07@gmail.com | | | | | |
| VAGABOND LIFE | | | | | |
| Design/Layout Jennifer Rueth 414-581-2725 ruethgraphics@sbcglobal.net | | | | | |

| Photographer | Jay Potter |
|--------------|--------------------|
| | 262-490-9973 |
| jaypotterph | otogu858@gmail.com |
| Website | Nick Pumilia |
| | npumilia@wi.rr.com |



I was asked recently, "What does the Vagabond board do?" It's a good question, so I'll briefly describe the functions performed by various board positions. Because space is limited, I'll cover Activities Directors this month and the rest in the March *Life* newsletter.

Ski Activities Director – Responsible for all ski activities. research, arrange and coordinate all domestic and international ski trips, day ski trips, ski lessons and the ski race team.

Social Activities Director – Researches, arranges, and coordinates social events. Sporting Activities Director – Researches, arranges and coordinates sporting activities except tennis and skiing.

Tennis/Pickleball Director – Researches, arranges and coordinates sporting activities except tennis/pickleball and ski activities.

Each Director works with and assists event coordinators handling events under their specific areas of responsibility. The directors coordinate the articles that appear online and in the *Life* newsletter so members can register for events. In addition, as a member of the board, each Director participates in the overall management of the Club. More about that next time.

Linda Horn

Add Your Photo To Your Vagabond Online Profile

by Linda Horn

Wouldn't it be great if ALL Vagabonds had their photo on their profile page? It's fun to see everyone's smiling face in the online directory. Remember, ONLY Vagabond members can view the photo, and you can change or delete it at ANY time. Here's how:

- Log on to the Vagabond Members Only website.
- 2 Click VIEW PROFILE
- 3 Click EDIT PROFILE
- The first item you see below the User ID is Profile Picture and next to it is a "Choose File" box. Click "Choose File." You will be able to browse the photos on your device.
- Click the picture you want to add and then click "Open" at the bottom of the page.
 (Double clicking the photo usually works, too.)
- Click SAVE. So there you have it! Your photo is on your Profile Page!



Over-the-Hump Wednesday, Feb. 19 • 5-7 pm BOUGEY'S BAR & GRILL • 16760 W. Greenfield Ave. No RSVP required. • See you there!





Menomonee Falls: 8:30 am, on the 2nd and 4th Saturday of the month, in a "private room" at **Ally's Bistro, N72 W13350 Lund Ln., Menomonee Falls** on the corner of Appleton and Good Hope Rd. (enter from either). Contact **Bonnie Lemmer** with questions at bojean05@sbcglobal.net or 262-370-6673.



If you have any questions or are willing to volunteer, contact me at 414-732-9749 or jan.breitbach@gmail.com.

WELCOME NEW OR RETURNING MEMBERS:

(The up-to-date information available in the on-line directory.)

| Diane Bay Trudy Brell | | Ray Gardner | | |
|-----------------------|-------------|---------------|--|--|
| Lydia Kohne | Margie Puls | Michelle Ryan | | |

We're always looking for great photos of our members enjoying activities and you are our best source! Send your high resolution (largest) photos to Jeff White at ejwhite8942@yahoo.com so they can be uploaded to the website and used in the *Life* when we have space. Also send your photos to Joyce Szulc, jszulc@wi.rr.com, to post on the Vag Facebook page.



"Hey, are you on Facebook?"

If you are, please 'Like' the Vagabond Ski & Social Club page. Then share our posts with your friends. This is a great way to reach potential members."

Payment Options for all events (unless otherwise noted):

- 1. Online Registration with Credit Card payment
- 2. In person with completed Event Coupon and credit card or check
- 3. By mail, send completed Event Coupon with check to Event Leader

JOIN OUR MISSION TO GIVE RESPECT AND CARE TO THOSE IN NEED

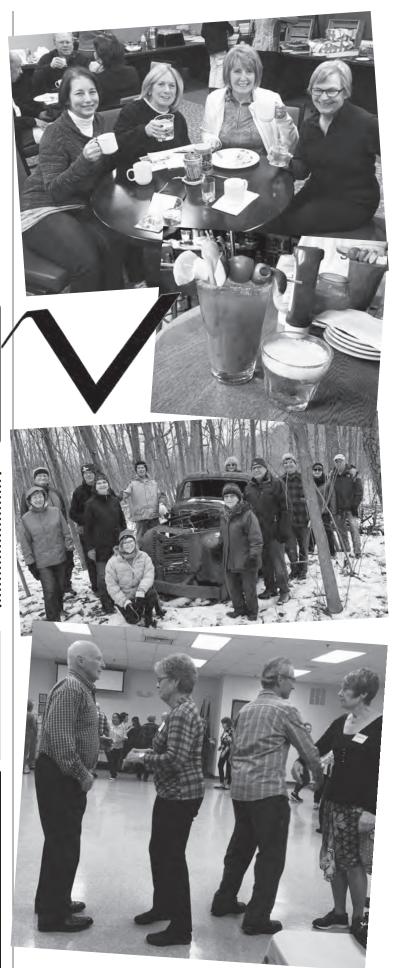
We need your Experience,

Heart and Compassion

Hiring: Flexible Part Time Hours

Apply at: our office (414)-858-9400 Or on our hotline: (414) 858-9343 Or in person at: 8505 W Forest Home Comfort Keepers Elevating the

Human Spirit





TENNIS, TENNIS TENNIS & MORE GREAT TENNIS! Fridays, Feb. 28, Mar. 27, April 17 \$26 per party Highlander Elite Tennis Club 13825 W. Burleigh Rd., Brookfield 5:30 pm – Check In 6:00 – 7:30 pm – Tennis 7:30 – 9:00 pm – Food and Social Time

All of the tennis parties are full, but cancellations happen, so please add your name to the wait list.

So register online and click **JOIN WAITLIST** or email **Linda Horn** at Linda.Horn1@gmail.com. The fee is **\$26**, but no payment is due until a spot is available for you. There is still plenty of room for social participants (non-players), who can watch the matches and then join in the celebration afterward. The fee for them is **\$10** and includes everything except tennis.

Because of a conflict at the Highlander Elite, the **April tennis party has been moved to Friday, April 17**. Members who have already registered or are on the wait list will be notified shortly of the new date. Hopefully, the revised date will work for everyone, but if not, accommodations will be made. Event coordinators: **Linda Horn**, 2311 Emslie Drive, Waukesha, WI 53188, 262-707-1450, and **Pat Ellingson**.

New Pickleball Party Is On! Thursday, March 12 • \$16

Center Court, 815 Northview Road, Waukesha 10:30 to 11 am – Check In Play until 12:30 pm followed by lunch with a buildyour-own sandwich bar.

Instruction and paddles provided for new players or for those wanting to brush up. (Please bring a paddle if you have one, though.)

Fee: \$16. There is a full bar, so belly up for whatever you choose (not included in fee).

Wear comfy clothes and bring water to hydrate.

Sign up online or at the meeting or send event coupon and check by mail. This event is open to guests as well as members, so ask your friends to come join us!



2021 Ski Season Ideas?

Although we are just in the middle of our 2020 ski season, planning is starting for 2021. What are your ideas for next year? Should we target Epic Pass locations (since we focused on Ikon Pass locations this year)? What are your thoughts on Vail? Any interest in a half-week trip out West? Any interest in a weekend trip to Granite Peak (or another near-by location)? Contact **Joyce** with any and all suggestions: jszulc@wi.rr.com or 262-886-9328.



What is REAL ID and Do You Need One?

Passed by Congress in 2005, the REAL ID Act enacted the 9/11 Commission's recommendation that the Federal Government "set standards for the issuance of sources of identification, such as driver's licenses." The Act established minimum security standards for state-issued driver's licenses and identification cards and prohibits Federal agencies from accepting licenses and identification cards from states that do not meet these standards.

These purposes are:

- ★ Accessing Federal facilities
- ✗ Boarding federally regulated commercial aircraft
- **✗** Entering nuclear power plants

The final enforcement deadline is October 1, 2020. By this date, individuals must have visited their state's driver's licensing agency and obtained a REAL ID compliant card, or acceptable alternative such as a U.S. passport, <u>if they wish to fly on commercial aircrafts</u> or access federal facilities.

In other words, you need this ID in order to fly **on domestic flights**. Even if your driver's license is not expiring before October 1, 2020, you need to obtain a REAL ID driver's license or will need to have a passport for domestic flights. Act now before the lines are too long! Visit <u>dhs.gov/real-id</u> for more information.

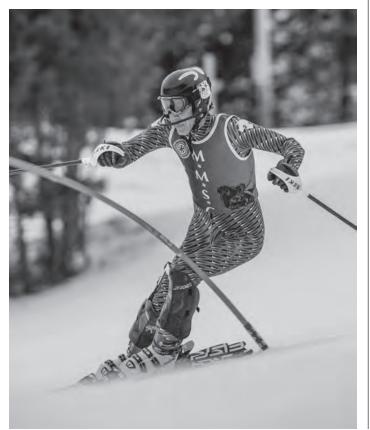
Vagabond Race Team Update

The 2019/20 MMSC senior ski race season started with the Combined Vagabond Team of men and women finishing first in all four races so far! The women's team (composed of the two fastest women from the Vagabonds each race) finished in first place, led by Trixie Saumsiegle, Leslie Jamieson and Jennifer Wampole. The men's team (composed of our four fastest racers each race) were led by Eric VanWormer, Kenny Butler, Ray Groth, Norman Schlimbach, Nick Leonard, Reiner Schlimbach, Dennis Novak and Al Lemke. Other Vagabond racers who finished in first place for their class include Ken Smith, Pete Cannon and Kurt Sandstrom.

Consider joining the Vagabond Race Team <u>as a guest</u> on **Saturday, February 1**, at the Holy Hill races. You can ski there and observe what happens at the ski race scene. For **\$40**, you can ski from 9:30 am to 3:30 pm. Your fee also includes a lunch at the log cabin lodge halfway up the hill. Sign up and pay at the building located northwest of where the chair loads. You do not have to race. Just ski, enjoy the view and have a good time at the best ski hill around. If interested, contact Al Lemke.

The 27-member Vagabond ski team continues to have a growing younger base which helps to ensure the future of the club. Welcome to **Bill Brenner, Justin Cigstad, Ken Smith, Nick Leonard** and **Zach Bluvstein** in joining the team this year. More races will have happened by the time you read this and results can be viewed at <u>www.mmscsr.com</u>.

For more information on the Ski Race Team, contact Team Captain **Al Lemke** at 414-688-2938 or <u>aklemke2993@gmail.com</u>.





Weekly Ballroom Dance Classes NEW! – Starting in February!

Two 8-week Options for \$108

Mondays @ 4:45 – 5:40 pm, Feb. 10 – Mar. 30 – **OR –**

Thursdays @ 3:10 – 4:00 pm, Feb 13 – April 2 Social Style Dance • 3562 Hillside Dr, Delafield (Between Delafield Brewhaus and Home Depot)

Eight consecutive weeks of dance lessons. Register as a Single or a Couple. Select from either **Monday OR Thursday** afternoons. The first 8 weeks will begin with the Push Pull & Rumba,



and continue to other social ballroom dances including waltz, cha cha, and more. The lessons focus on Learning the Steps, Dancing on the Beat, Leading and Following, and Polishing everything so it flows together nicely. Because these classes are for singles or couples, please plan to switch partners during class. Suitable footwear is dance shoes, socks or slippers (but not with rubber on the bottom). This is because hard

bottom shoes (which are too slippery) or rubber bottom (which are too sticky) can cause falls or injuries. We may stop after class at one of the many nearby restaurants for refreshments and socializing. **Cost is \$108 for all 8 weeks**. Register Online at the next General Meeting or mail a check and event coupon to **Linda Horn**, 2311 Emslie Dr., Waukesha, WI 53188. Questions? Call Linda at 262-707-1450.

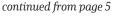


Do you canoe? Are you looking forward to springtime yet? Once the ice melts from the rivers, we will be planning Fun on the Water VI. If you know of a place we should consider for canoeing or kayaking, message JohnPodsedly@ gmail.com or call or text (414) 369-4199.

Do you like to camp? Stephanie Markiewicz and Ron Hartig are planning their RV adventures for this spring and summer. If you would like to join them and other campers – or tell them about your favorite destinations and ideas – contact Stephanie at (414) 525-0405 or RonHartig@gmail.com.



Sporting Activities John Podsedly



Bowling League

Once a month on Sundays @ 5:30 pm Jan. 5, Feb. 9, Mar. 1, April 5, May 3 Bluemound Bowl • 12935 W Bluemound Rd, Brookfield

There is still room for you in the Vagabond bowling league – as a single, couple or team of four (all men, all women or mixed). Call **Michelle Dloogoff** or **Frank Berg** at (414) 540-1411.

SUNDAY HIKES (Walk for the Fun – Or Just for the Health of It!!!)

Feb. 2, 1 pm, Menomonee Park at Lannon – (Super Bowl Sunday, but the game doesn't start until 5:25 p.m.). Meet in parking lot about half-mile north of Hwy. 74 on Hwy. Y at Lannon Park on east side of road. Hike from 1:30 to 3:30, then go to DeMarinis Pizza to eat and watch the Super Bowl there or at Pistol Pete's, 16755 W. Lisbon Road.

Feb. 9, 1 pm, Minooka Park – Meet in park's parking lot on Sunset Drive in Waukesha, just west of Hwy. Y (Racine Ave.)

and just east of Hwys.164 and 59. Hike from 1:15 to 3:15, then to Matteo's for great food and drinks, with time for bowlers to get to Bluemound Bowl by 5:45.

Feb. 16, 1 pm, Lapham Peak State Park
Take I-94 west to Hwy. C, then turn left to park entrance. Meet in first parking lot that is past the ranger's check-in booth and turn right to that parking lot. Hike from 1:45 to 3:45, then to Wells Street Tavern in Delafield for food and drink..

Feb. 23, 1 pm, Whitnall Park – 5879 S. 92nd St., (south of Forest Home on S. 92nd Street) – Meet at Golf Course parking lot along S. 92nd Street. Hike 1:45 to 3:45, then head to Bosch Tavern at Hwy. 100 and Janesville Road for food and drink

Join the fun and great exercise. For more info, call **Ron Sonntag**, (414) 788-4907.

THINK SNOWSHOES

Bonnie Lemmer is ready to lead snowshoe hikes this winter when there is enough snow on the ground. Contact her at bojean05@sbcglobal.net or (262) 370-6673.



Social Activities Cindy Hummer



Scrabble Mondays, Feb. 10 & 24 • 1 pm \$1 plus a beverage American Legion Post 3245 N. 124th St., Brookfield

Bring your Scrabble board and dictionaries. Questions? Call **Carol Palmert** at 262-366-5080 or **Lynn Kozlowski** at 414-545-2208.

Sheepshead/Dominoes/Cribbage

Tuesdays, Feb 11 & 25 • 6 pm • \$1 plus a beverage American Legion Post

3245 N. 124th St., Brookfield

Call Dick Kowalski at 414-416-3009 for sheepshead questions, and Gerry Botticchio at 414-425-3911 for dominoes or cribbage questions.



Chasin' Dem Blues

A Celebration of the Blues Saturday, Feb 29 @ 4 pm Stackner Cabaret • **\$40**



During the Great Depression, an extraordinary parade of musical talent cut records in an old chair factory in Grafton, Wisconsin. For a few brief, bright years at the height of the jazz and blues age, Paramount Records was the leading label for recording artists of color in the Midwest – and broke down small-town racial barriers along the way. This exuberant musical

celebration of some of the greatest jazz and blues music features four sensational quadruple threat performers guiding the journey through story and song. Tickets for this event are only **\$40**, a 35% discount from regular-priced tickets. Tables of 8 and 4 are right up front and food & drink can be ordered at your table.

Sign up online or mail your completed Event Coupon and check to **Nancy Drolshagen**, 8244 S. Potomac Ave. Milwaukee, 53218. Questions? Call Nancy at 414-461-3147.

Chef Pam's Kitchen (Opens January 30th) Tuesday, March 3 • 5:30 pm • **\$50** 290 W. Main St., Waukesha



How would you like to cook a gourmet meal with your Vagabond friends with the expert guidance of a professional chef? And then get to eat what you've created? Join us in Chef Pam's Kitchen where we will prepare crispy caprese mozzarella stuffed meatballs for an appetizer, a balsamic maple syrup glazed pork tenderloin stuffed with bacon and mushrooms with hasselback herbed potatoes for an entrée, and finally chocolate decadence glazed with chocolate ganache for dessert. Chef Pam's Kitchen is located at 290 W. Main Street in Waukesha, with plenty of free street parking or just a block from the Waukesha City Parking Ramp. Cost is \$50 per person, and wine or beer is available for purchase at the kitchen. Sign up online or send your completed Event Coupon and check payable to VSSC to Dan Heidemann at 2342 Quail Hollow Ct. Unit B, Delafield 53018. Questions? Contact Dan at danlmark@gmail.com or 414-416-1678.

Festival City Symphony Presents "Let Freedom Ring!" Sunday, March 22 • 2 pm • \$8 Pabst Theater • 144 E Wells St. • Milwaukee

The Festival City Symphony season continues on Sunday, March 22, with **"Let Freedom Ring!"** a powerful concert

featuring master composers and hometown



connections. Milwaukee's Pulitzer Prize-nominated composer and educator John Downey influenced many musical lives through his work at UWM and the Milwaukee Youth Sym-

phony Orchestra, including Wauwatosa native and world-renowned composer Michael Torke. The concert will include *Ode to Freedom* by John Downey; *December* by Michael Torke; *Symphony no. 5, op. 43, "Sinfonia Sacra"* by Howard Hanson; and *Mathis der Maler* by Paul Hindemith. Sign up for this spectacular symphony concert tribute to American Masters. Two hours of spectacular music **for only \$8** for Vagabonds and Friends. Then to Rock Bottom Brewery at 4 pm for great food and beverages. Send checks payable to VSSC to **Ron Sonntag**, 9406 N. 107th St., Milwaukee, WI 53224, or **sign up online until March 20**. Tickets will not be mailed to you, but will be passed out in the front lobby of the Pabst at 1:45. Call Ron at 414-788-4907 if questions. Start the day with the Vagabond Lakefront hike at 11 am from the Lake Park Bistro parking lot for some good heart exercise and fresh air, too."

Evita

Sunday, March 22 • 2 pm • **\$40** Skylight Theater • 158 N. Broadway • Milwaukee Opens Jan. 30th



This staged concert version is a special limited run of the seven-time Tony Award-winning megawatt musical. The story follows Eva Duarte and her meteoric rise from impoverished child to wife of Argentine

president Juan Perón and, finally, to becoming the most powerful woman in Latin America. Lyrics by Tim Rice and Music by Andrew Lloyd Webber. Including songs, "On This Night of a Thousand Stars" and "Don't Cry for Me Argentina".

Orchestra seats for only **\$40**! Only 20 seats are available so act now and sign up online or send your check payable to VSSC and a completed event coupon to **Jae Hartnell**, 140 N. Park Blvd., Brookfield 53005. Questions? Call Jae at 608-712-7440.

A meal before or after the show will be scheduled closer to the day of the performance.

New Choral Group Forming



Do you like to sing? Play the piano? Or, play another musical instrument that could accompany a chorus?

Joan Stevens, an experienced vocal/choral/instrumental director, with a degree in Vocal and Instrumental music, would like to start a group of Vagabonds who like to sing. If you are interested, please contact Joan at 414-545-3381 or treelady4059@gmail.com. A meeting date for those who sign up will be announced.



Over 60 Years of Fun and Friendships

Vagabond Ski & Social Club Membership P. O. Box 26173 Milwaukee, WI 53226

Facebook Help Wanted

Help us find new members thru Facebook by simply going to <u>Facebook.com</u>, signing up, then selecting "Like" on our Vagabond Ski & Social Club page. Also post pictures from Vag events you do.

DATED MATERIAL

Deliver before Monday, January 27th

| FUTURE EVENTS | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|-----------------------|--|--------------------------------------|--------------------|---------------|----------------------|--|
| | 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| 20203/1Steamboat Springs Ski Trip3/3Chef Pam's Kitchen | | | | | | | Ski Race Team Genesis Brfst |
| 3/22 Festival City Symphony | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 3/22 Evita3/27 Tennis Party4/17 Tennis Party | Hike | | | General Meeting | Lion King | Fish Fry | Genesis Brfst Falls Brfst Racine Brfst |
| | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | Hike Bowling | Dance Lessons Scrabble Mexico Trip | Sheepshead/ Dominoes/ Cribbage | | Dance Lessons | | Genesis Brfst |
| | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| | Hike Ski Race Team | | | Over the Hump | | Big Snow Ski Trip | Genesis Brfst Falls Brfst |
| | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | Hike | Scrabble | Sheepshead/ Dominoes/ Cribbage | RU | | Tennis Party | Genesis Brkfst Chasin' Dem Blues |