

November General Meeting

WEDNESDAY, NOV. 6

New Berlin Banquet Center • 16000 W. Cleveland Ave.
(east side of building)

- 6 pm: Check-in
- 6:30 pm: Socializing and event sign-ups
- 7 pm: General Meeting
- 7:45 pm: Dancing to the music of Advance Classic Rock and Roll

Guests welcome – \$5 admission

Sign up in advance

- ◆ Please register for the meeting online, call (414) 732-9749 or email Jan.Breitbach@gmail.com

Reminders

- ◆ Wear your Vagabond name tag
- ◆ Park on either side of the building
- ◆ Update your name tag at the meeting if you renewed your membership online.

Dinner plans?

- ◆ For a meal beforehand, you might try the New Berlin Ale House (in the same building as our meeting but on the west side).
- ◆ No food or beverages may be brought into the meeting room.

THIS MONTH'S MUSIC



Advance Classic Rock and Roll returns for our November meeting, featuring Vagabond member Nick Pumilia. The band performs classics by artists such as Van Morrison, the Beatles, Eric Clapton, the Gin Blossoms, Bob Seeger, Bruce Springsteen, Johnny Cash, the Bodeans, Bob Dylan, Tom Petty, the Rolling Stones, Third Eye Blind, Pink Floyd and Elvis.

Admission for guests is again only \$5, since Nick offers us a discount.

Next month: Do Wa Wa

Vagabond Ski & Social Club Inc.
VagabondSkiClub.com

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From the President
Mary Beth Braun

An Attitude of Gratitude

Here we are in the thoughtful and thankful month of November. Even in our busy lives, these days getting ready for holidays, we give thanks all the time for our loved ones and friends, our homes, our jobs, our possessions, our achievements, our successes. No matter what our individual circumstances may be, there is always something to be thankful for.

We are grateful for our Vagabond friends and all the volunteers who keep the club moving forward. We would not have a club if not for generous people who plan and direct events and activities for all of us to enjoy. There are many more members out there who have the talents and generosity to volunteer (perhaps to serve on the board or lead an event), but those people have not come forth yet. Please consider helping our club move forward in the next year and beyond, and volunteer for positions on the board. Also, I need to remind you to renew your membership this fall if you haven't already done so.

So much is said about being thankful, I feel it all comes down to recognizing Our Blessings.



"It's not happy people who are thankful; it is thankful people who are happy."

"It is not joy that makes us grateful; it's our gratitude that makes us joyful."

(ANONYMOUS)

"Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings."

– WILLIAM ARTHUR WARD



It is not what we say about blessings; it is how we use those blessings.

It's our attitude of gratitude.

Have a great November, and Happy Thanksgiving to all of you!

Mary Beth



International Trips
Linda Horn

Winter Getaway: Hideaway at Royalton Riviera, Cancun
Adults-Only, All-Inclusive Resort
Feb 12-19 (Wednesday to Wednesday)

Enjoy a premium getaway in the sun, just south of Cancun, Mexico. The luxury resort of Hideaway at Royalton Riviera offers 11 restaurants, 16 bars, afternoon hors d'oeuvres, high-speed Wi-Fi, satellite television, stocked minibar, reservation-free dining, tennis, pickleball, gym, casino, spa, kayaking, snorkeling, ping pong, yoga, cooking classes, dance classes, trivia games and access to neighboring Royalton Riviera Cancun.

Flights are non-stop charters between Milwaukee and Cancun.

Call **Sue** at (414) 421-6248 for availability.



Sporting Activities
Mary Beth Braun

Sunday Hikes

Meet at 1:30, hike from 1:45 to 3:45 p.m.

Hike for the Fun of It – or Just for the Health of It!

We welcome volunteers to lead hikes in future months. Contact **Dan Heidemann** at danlmark@gmail.com or (414) 416-1678 if you know you can be a leader. Hikes without leaders will be canceled.



First hike of the season, at Nashotah.

Nov. 3 – Richard Bong State Recreation Area: 26313 Burlington Road (Hwy 142), Kansasville (west of Hwy 75). Meet at Trailhead B parking lot (past the entrance station to the left past the Molinaro Visitor Center) at 1:30 pm. Hike from 1:45 to 3:45 p.m. on the Yellow Trail, which is about 4 miles, generally level to moderately rolling terrain, traversing a mixture of grassland, woodland and wetland. Afterward, for those who wish, food and beverages at the Dover Inn, 1909 N Beaumont Ave. (Hwy 20 & 75), Kansasville. Hike Leaders: **Jim Stephens** and **Joyce Szulc**. Questions? Contact Joyce at (262) 902-3248.

Nov. 10 – Minooka Park: Meet at 1:30 in the parking lot on Sunset Drive in Waukesha, just west of Hwy. Y (Racine Ave.) and just east of Hwys. 164 and 59 or park on the street. Hike from 1:45 to 3:45, then to Raised Grain, 1725 Dolphin Drive in Waukesha, to eat and drink. County sticker or park entrance fee is required to park within the park. Hike Leader: **Betty Riley**, (262) 888-9978.

Nov. 17 – Pike Lake State Park: Take I-41 north to Hwy. 60, then go west about 3 miles to the park entrance on the left (Kettle Moraine Drive), then south into the park to the beach parking lot. Entrance fee required: \$3 for seniors, \$8 for others, annual passes available. It's a hilly, moderate hike. Wear proper hiking shoes. Hike rain or shine, dress and equip accordingly. Meet at 1:30 p.m., hike from 1:45 to 3:45. After-

ward, to the Mineshaft restaurant, 22 N Main St. in Hartford, for food and drink. Hike Leader: **Gary Kovach**, (414) 712-3897.

Nov. 24 – Grant Park: Meet at Kelly Senior Services parking lot, 6100 S Lake Drive, Cudahy, and hike 4-plus miles through Grant Park to Seven Bridges and down to the lakefront beach. After hiking, we will meet for dinner and drinks at Water Street Brewery's Oak Creek restaurant, 140 W Town Square Way. Hike Leader: **Jay Zinn**, (414) 708-1663



Bender Park hike

Thursday walks

Nov. 7 – McCarty Park: 8214 W. Cleveland Ave, West Allis. Meet in the parking lot at 82nd and Cleveland. Walk on paved surfaces from 11 a.m. to noon. Questions: Contact **Sherry Dobson** at (262) 498-4067

Nov. 14 – Whitnall Park: Meet in the golf course parking lot off the 92nd Street entrance (6751 S. 92nd St). Walk is generally not paved. Walk from 11 a.m. to noon.

Nov. 21 – New walk in Wauwatosa: From Mayfair Road, turn east on Watertown Plank Road to Swan Blvd. (92nd Street). Turn left on Swan until you come to Discovery Road (a roundabout), go around it for a left turn, then up a hill to parking at Forest Exploration Center, where we will meet. The walk will include hills.

This concludes our weekly walks this year until early spring. We encourage everyone to get out and walk on their own or with a friend, even though nothing is formally scheduled.



Bowling

Our fun, monthly Vagabond Bowling League is looking for substitutes. We bowl on the second Friday of each month at **2 p.m. at New Berlin Bowl**. Our league secretary is **Dee Hollstein-Pizur**, (262) 227-6322.





Ski Activities
Joyce Szulc

Reasons to Rent

Most of us own our own ski equipment, but there are advantages to renting:

- Costs for high-quality skis, boots, bindings and poles quickly add up. For those who ski only a few times per year, renting allows you access to top-quality gear without the upfront cost.
- Renting ski equipment provides convenience, especially when traveling. Transporting skis, boots and poles can be cumbersome and may incur additional airline fees. In addition, it eliminates the potential for damage during transit.
- Skiing technology continues to evolve with new models and improvements each year. Buying ski equipment means a commitment to gear that may become outdated or less effective. Renting gives you access to up-to-date ski equipment.
- Renting offers a high degree of customization and flexibility. Depending on the snow conditions, you may want to try different types of skis. Renting allows you to switch out equipment.
- Owning ski equipment means regular maintenance and storage. Skis need to be waxed, edges sharpened and bindings checked. This requires time, effort and cost.
- If you are considering purchasing, renting gives you a way to try before you buy. You can test different models and brands to find what works best for you. Some rental shops offer demo programs where you can apply the rental fees toward the purchase.
- Rental shops generally employ knowledgeable staff who can offer expert advice on equipment selection for your level of skiing.
- Renting ski equipment can be environmentally friendly. Renting reduces the demand for new product, and you contribute to a more sustainable approach to skiing. In addition, many rental shops recycle or repurpose older equipment.



Counting Down to Ski Season ...

Both of our 2025 ski trips are full, and we are accepting waitlist registrations. You do not have to pay anything to be on the waitlist. Visit VagabondSkiClub.com for details on both trips.

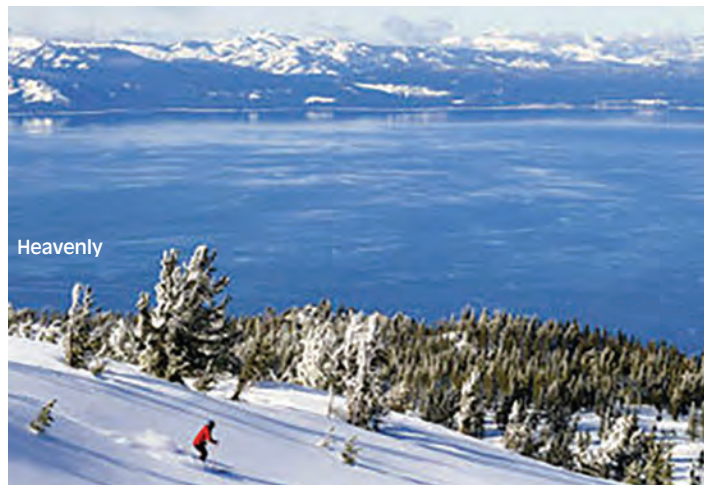


◆ Vail

Jan. 11-17 (Saturday-Friday)

\$2,115 (double occupancy)

Join the waitlist



◆ Heavenly

Feb. 9-15 (Sunday-Saturday)

\$1,815

Join the waitlist



Ski and Sightsee Japan

The Metropolitan Milwaukee Ski Council is hosting a trip to **Japan**. Departure date is **March 7**, with optional return dates. The tentative agenda includes three nights in **Tokyo**, seven nights in **Hakuba** and an optional three nights in **Kyoto**. Contact **Mark Harris** at harris_53051@yahoo.com or (414) 453-6914.

Hakuba

Questions? Contact Trip Leader
Joyce Szulc, 262-902-3248 or jszulc@wi.rr.com



Ski racing

Your Vagabond Ski Team begins the race season **Sunday, Jan. 5**, at **Sunburst**. Spectators are encouraged to come out and watch the team in action, along with a trophy presentation after the race. Several people have joined our club after experiencing a race day.



Metropolitan Milwaukee Ski Council Senior Racing has 14 races scheduled over seven dates this winter. About 40 skiers compete in one of four non-gender classes based on skill level. Two different courses are run for each race, and the

times are combined. Awards are presented in each class at each race. Awards are also given in each class at the end of the season. The Vagabonds will again compete against three other teams, with the fastest four men and two women counting for each team.

Prepare for next season by starting an exercise program focused on your legs. Make sure your equipment is up to date. Get your skis sharpened and your bindings checked. We always have room on the team for new people of any age or ability. Every year, skiers as young as 21 join the club to compete on the race team. It's one way the club has maintained a sense of youthfulness.

For more information, contact MMSCSR Chairman **Al Lemke** at (414) 688-2938 or aklemke2993@gmail.com or visit MMSCSR.com

MMSC Senior Race Schedule

- Jan. 4 – Sunburst (CMSC race)
- Jan. 5 – Sunburst
- Jan. 12 – Sunburst
- Jan. 19 – Sunburst
- Jan. 25 – Holy Hill
- Feb. 1 – Holy Hill
- Feb. 8 – Sunburst
- Feb. 16 – Sunburst

Getting Into Ski Shape

You don't want to call it quits early on your first day of skiing because your sore thighs and legs are screaming after just a few runs. A preseason ski conditioning workout can help you ski better, stay out longer and have more fun.



Here's a quick, general overview of how to train for skiing:

- **Boost muscle power.** Strengthen the areas that get worked the most: your quads, glutes, hamstrings and hips.
- **Focus on balance.** Work your core and the muscles around your hips, which in turn helps provide stability to injury-prone areas such as the knees.
- **Build endurance.** Condition your body so you can easily ski run after run without packing it in before you're ready.
- **Bump up your cardio.** Complement this exercise plan with cardio activity such as hiking, biking or interval training to get your lungs and heart pumping.

Before beginning any training plan, check with your doctor or certified training professional.

-- FROM REI EXPERT ADVICE



Visit us on Facebook

@Vagabond Ski & Social Club

Email photos from club events to Joyce at jszulc@wi.rr.com to post.



Racquet Sports
Sally DeVriend

Tennis

Saturday mornings & Monday evenings

Vagabonds meet for tennis at **10 a.m. Saturdays at Nathan Hale High School** and at **5:30 p.m. Mondays at Elm Grove Village Park** as long as the nets are still up.

There is no fee, no sign-up is necessary, and non-members are welcome. Just show up and get on a court with others at your ability level.

Coordinator: **Greg Larson**, (414) 588-4998.

Pickleball

Thursday evenings

Vagabonds play pickleball at **5:30 p.m. Thursdays at Banting Park in Waukesha** as long as the weather permits. All are welcome. No fee, and no sign-up is needed.

Coordinator: **Pat Hummer**, (262) 894-3375.



Membership
Jan Breitbach

Welcome New and Returning Members

See the online directory at VagabondSkiClub.com for an up-to-date list of current members.

Wayne Nettesheim • Kat Tranel • Susan Rubenzer

The club is always looking for friendly and smiling faces to help at the Welcome Desk on meeting nights. Email Jan.Breitbach@gmail.com or call (414) 732-9749.

Bike and Barge Trip

Avignon to Aigues Mortes, France

Sept. 6-13, 2025

\$2,000 per person

double occupancy, excluding air



Tour the South of France by boat and bike Sept. 6-13, 2025.

A week of cycling, suitable even for less experienced cyclists. The stages are mainly on back roads with little traffic, led by a guide.

Price: \$2,000 per person, payable by check and based on double occupancy. Does not include airfare or bike rental. Meals included.

For details, go to Sitzmark.org/event-5665633; contact Trip Leader **John Graff** at jgraff1809@gmail.com or (414) 403-3478.

Why You Should Volunteer

Since its inception, our club has been run by its member volunteers, and that continues today. Here is why you should volunteer:

- Are you a newer member? What better way to meet others and to start friendships than to lead an event. Do you have an idea for an outing that you think others would enjoy? Contact a board member for guidance on how you can learn to run a Vagabond event.
- Are you a member who has enjoyed what the club offers? Maybe it's time for you to step up and volunteer to help organize some of your favorite activities: hikes, bike rides, walks, supper clubs, fish fries, theatre, golf, tennis, pickleball, trips.
- Learning modern technology keeps the brain young. By running club events, you will have the opportunity to stretch your mind and become skilled at the club management software (Wild Apricot).
- It will make you feel good! Volunteering is a way to give back to the club, and that is guaranteed to keep the club moving forward and to make you happy inside.

Every member has something to offer. So, if you haven't taken your turn yet, think about how you can contribute to the Vagabond Ski and Social Club.



Social Activities
Denise Kremel

Fish Fry

Friday, Nov. 8
Machine Shed, Pewaukee

Our next fish fry will be Friday, Nov. 8, at the Machine Shed restaurant, N14W24145 Tower Place, Pewaukee. Meet at the bar any time after 4:30 p.m. Dine at 5:30 p.m.

Famous family-style baked and fried cod, **\$22.50** per person. Please bring cash.

Questions? Call **Cathy Faust** at (414) 429-2384 or **Nancy Drolshagen** at (414) 491-3147.

We are limited to 25 reservations; kindly call to cancel if you are unable to attend.



Festival City Symphony



The Vagabond Ski & Social Club is pleased to continue a long tradition of promoting the Festival City Symphony to our members. Purchase tickets in advance at [FestivalCitySymphony.org/order-Saturday-Classics-Tickets](https://www.festivalcitysymphony.org/order-Saturday-Classics-Tickets), or on the day of the concert at the Bradley Symphony Center box office, 212 W. Wisconsin Ave. The requested donation is \$8 for seniors.

Concerts are at 2 p.m. Saturdays

Schedule

Jan. 25 -- Mendelssohn's Violin Concerto and Beethoven's Eighth

March 8 -- Harmonies of the Heartland

April 12 -- Spanish Dreams and Dances

Visit [festivalcitysymphony.org/orchestra-concert-schedule](https://www.festivalcitysymphony.org/orchestra-concert-schedule) for descriptions of each concert.

Over the Hump

Wednesday, Nov. 20
Buckatabon Taproom, Wauwatosa

Our next Over the Hump gathering will be **4-7 p.m.** Wednesday, Nov. 20, at Buckatabon Taproom, 7700 Harwood Ave., in the Village of Wauwatosa. Public parking is available south on Harwood by the railroad tracks.

No need to sign up -- just show up.

Questions: Call **Cathy Faust**, (414) 429-2384, or **Nancy Drolshagen**, (414) 491-3147.

Cheer on the Packers

New Berlin Ale House

Tom Martini organizes Vagabond gatherings at New Berlin Ale House to watch Green Bay Packers games on TV. There is no need to sign up, just show up. Any questions, contact **Tom** at (414) 276-0479.



Upcoming games:

Oct. 27 at Jaguars, noon

Nov. 3 vs. Lions, 3:25 p.m.

Nov. 17 at Bears, noon

Nov. 24 vs. 49ers, 3:25 p.m.

Scrabble

1-4 pm Tuesday, Nov. 5 and 19
New Berlin Ale House



We play Scrabble on the first and third Tuesday from **1-4 p.m.** at the New Berlin Ale House. **Fee is \$1 per person** for the server tip along with a purchase of one beverage, either alcoholic or non-alcoholic. Next games are **Nov. 5 and 19**. Food is also available for purchase. Non-members are welcome. Contact **Lynn Kozlowski**, (414) 539-8114.

Sheepshead

6-9 pm Tuesday, Nov. 12 and
New Berlin Ale House

We play Sheepshead from **6-9 p.m.** on the second and fourth Tuesdays of each month at New Berlin Ale House. The next Sheepshead nights are **Nov 12 and 26**. Non-members, members and all levels of play are welcome.

Fee: at least one food/beverage order (plus tip) plus \$1 per person; bring more money, and you may win or lose. Questions: **Jae Hartnell**, (608) 712-7440.



Over 65 Years of Fun and Friendships

Vagabond Ski & Social Club Membership
 7809 W. Mount Vernon Ave.
 Milwaukee, WI 53213

Facebook Help Wanted

Help us find new members through Facebook: Click Like on the Vagabond Ski and Social Club page. To post pictures from club events, send them to jszulc@wi.rr.com.

Stay Informed

For up-to-date information on club events and activities, including news and photos, visit VagabondSkiClub.com.

DATED MATERIAL
Deliver by October 28

FUTURE EVENTS	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dec. 9 Branson	27	28	29	30	31	1	2 Tennis
Jan. 11 Vail	3	4	5	6	7	8	9
Jan. 24 Switzerland	Packers Hike	Tennis	Scrabble	General mtg	Walk Pickleball	Bowling Machine Shed	Tennis
Jan. 25 Symphony	10	11	12	13	14	15	16
Feb. 9 Heavenly	Hike	Tennis	Sheepshead		Walk Pickleball		Tennis
Feb. 12 Cancun	17	18	19	20	21	22	23
March 7 Japan	Packers Hike	Tennis	Scrabble	Buckatabon	Walk Pickleball		Tennis Addams Family
March 8 Symphony	24	25	26	27	28	29	30
April 12 Symphony	Packers Hike	Tennis	Sheepshead				Tennis



November