

November General Meeting

WEDNESDAY, NOVEMBER 5

New Berlin Banquet Center • 16000 W. Cleveland Ave.
(east side of building)

6 pm: Check-in

6:30 pm: Socializing and event sign-ups

7 pm: General Meeting

7:45 pm: Dancing to the music of Close Enuf

Guests welcome – \$10 admission

Sign up in advance

- ◆ Please register for the meeting online, call (414) 732-9749 or email Jan.Breitbach@gmail.com.

Reminders

- ◆ Wear your Vagabond name tag.
- ◆ Park on either side of the building.
- ◆ Update your name tag at the meeting if you renewed your membership online.

Dinner plans?

- ◆ For a meal beforehand, you might try the New Berlin Ale House (in the same building as our meeting but on the west side).
- ◆ No food or beverages may be brought into the meeting room.

THIS MONTH'S MUSIC



The band Close Enuf is better than that; they continue to hit the spot for your dancing enjoyment. Come see, dance or just listen to the great sound.

Next month: Do-Wa-Wa

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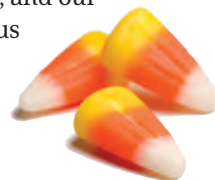
From the
President
Mary Beth Braun

Pumpkins, gourds and candy corn . . .



Walking in the woods with crunchy leaves beneath our feet, and golden leaves and geese flying above us. This is autumn in Wisconsin. We love this, but all this typically changes by the end of November, when days are more gray than sunny and golden. Seasons change.

Generally, we are grateful for our seasonal changes as we are reminded in this month – especially around Thanksgiving -- of being grateful for so many blessings in our life. What doesn't change is our "attitude of gratitude." Be thankful for our blessings in all seasons: our family and friends, our jobs, our achievements, and our Vagabond family and friends. All of us must be grateful for our generous volunteers (past and present) who have kept our club moving this year and past years at all levels, from the Board of Directors to all event leaders, and others behind the scenes. Thank you.



We always need more volunteer leaders. I know many of our members have the talent to organize and lead, and we need you. You may be an unknown blessing whom we haven't met yet. Come forward and meet us.

Remember, it's our attitude of gratitude in our lives in every season that makes our lives complete. Count your blessings with or without pumpkins and crunchy leaves.

Have a great November, and Happy Thanksgiving to all of you!

Mary Beth



A one-hour walk at the Sanctuary in Wauwatosa. The final walk scheduled for this season will be Oct. 30 at the Sharon Lynne Wilson Center.



Sporting Activities Mary Beth Braun



Nashotah County Park.

Sunday Hikes

Hike for the Fun – or Just for the Health – of It!

Meet at 1:30 p.m., hike from 1:45 to 3:45

We welcome volunteers to lead hikes in the future months. Please contact **Robert Patzwald** (414) 791-8775 or rpatzwald@gmail.com or email **Betty** at betty.riley1747@gmail.com to have your questions answered. Scheduled hikes without leaders will be canceled.

Nov 2 – Lions Den Gorge Nature Preserve: No entrance fees are required. Weather permitting, we will meet in the parking lot near the bathrooms. Trails are mulch, dirt or boardwalks. There are beautiful views of Lake Michigan. At the north end, we will hike down to the beach.

Directions: From the south, take I-43 north out of Milwaukee. Exit 92 where Hwy 60 becomes Ulao Road. Head east to County C and turn left (north). Then look for High Bluff Road and turn east and follow into the parking lot. From the west, Take Hwy 60 into and through Grafton. After crossing over I-43, follow directions as written above. East of I-43, there are signs to the preserve to help guide you.

Following the hike, we will go to the Prime Minister Restaurant, 517 N. Main St. (Cedarburg Road) in Thiensville for food and drink.

Hike Leader: **Erv Bukin**, (414) 461-3770 or (414) 412- 6028.

Nov 9 – Forest Exploration Center: On the Milwaukee County Grounds, 1800 Forest Exploration Drive, Wauwatosa (ForestExplorationCenter.org): Meet in the parking lot off of Forest Exploration Drive at 1:30 p.m. The main trail is a one-mile loop with natural crushed granite material that meets ADA accessibility guidelines and is specifically for wheelchair and foot traffic. The Trail Spur is a dirt path. After

the loop, we will also hike to the Sanctuary Woods Park along a flood plain. Total walking will be about 5 miles. There are no bathrooms and no drinking water.

Directions: From the intersection of 41/45 and Watertown Plank Road, travel east one block and turn left (north) onto Forest Exploration Drive. At the traffic circle, go halfway around and continue in the same direction and then enter into the parking lot.

Afterward, we will eat and drink at Dave and Busters, 2201 N. Mayfair Road.

Hike leader: **Betty Riley**, (262) 888-9978.

Nov 16 – Grant Park: Meet at 1:30, at Kelly Senior Services parking lot, 6100 S Lake Drive, Cudahy, and hike 4-plus miles through Grant Park to Seven Bridges and down to the lakefront beach. After hiking, we will meet for dinner and drinks at Water Street Brewery's Oak Creek restaurant, 140 W Town Square Way, Oak Creek.

Hike Leader: **Jay Zinn**, sweep **Terese Zinn**, (414) 708-1663.

Nov. 23 – Glacier Hills County Park: Daily entrance fee of \$7. Prepay online at washcoparks.com/parks/passess or get a mail-in envelope at the entrance.

Meet at the main building parking lot. Restrooms are open. This is a moderate-level hike: hilly, with gravel, grass, pavement and mulch trails. Maybe muddy, so wear proper hiking shoes; hiking poles optional.

Directions: Drive north on 41/45 to Hwy. 167 west (Holy Hill Road). Go west to Friess Lake Road (aka the road to Fox & Hounds restaurant). Turn left (south) to the park entrance. Afterward, meet at the Sawmill Inn & Pub in Richfield, 1729 Wolf Road, for food and drink.

Hike Leader: **Gary Kovach**, (414)712-3897.



There it is – Hidden Lake.

Nov 30 – Whitnall Park: Meet at the golf course parking lot at the corner of Whitnall Park Drive and S. 92nd Street. Trails are dirt and have rolling terrain. Afterward, head to Bosch Tavern, 5871 S. 108th St., Hales Corners, for food and drink. Hike Leader: **Betty Riley** 262-888-9978.



Final bike ride of the season, on the Glacial Drumlin State Trail.

Weekly one-hour walks

Our Thursday-morning walks are suspended for the winter months. They will resume in the spring.



Bowling

Our fun, monthly bowling league started at New Berlin Bowl. We bowl on the third Friday of each month. Registration is open online.

Practice begins at 1:45 p.m., with games starting at 2 p.m.

Substitutes are encouraged to sign up; they pay \$12 each time they bowl.

League secretary is **Dee Holstein- Pizur**, (262) 227-6322.

Racquet Sports

Tennis

Saturday mornings & Monday evenings

Vagabonds meet to play tennis at 9:30 a.m. Saturdays at Nathan Hale High School and at 5:30 p.m. Mondays at Elm Grove Village Park. There is no fee, no sign-up is necessary, and non-members are welcome. Just show up. Coordinator: **Greg Larson**, (414) 588-4998.

Pickleball

Thursday evenings

Our pickleball "season" is over, but we will still play every Thursday at 6 p.m. at Banting Park in Waukesha as long as the weather permits.

Coordinator: **Pat Hummer**, (262) 894-3375.

International Travel **Linda Horn**

Winter Getaway

Punta Cana • Feb. 5-12

Have fun in the sun with other Vagabonds from Feb. 5-12 at Secrets Royal Beach Resort in Punta Cana, Dominican Republic. This adults-only, all-inclusive resort offers unlimited dining, 12 restaurants, drinks, wi-fi, nightly entertainment, tennis courts, water aerobics, infinity pool, swim-up bar, long beach, and access to Dreams next door.

We were there in 2024 and enjoyed it so much that we are returning. Great food, entertainment, an excellent property.

This package includes round trip, nonstop flights between Milwaukee and Punta Cana, along with the shuttle to and from the resort.

Join the waitlist online or call **Sue** at (414) 421-6248.

Getting Into Ski Shape



You don't want to call it quits early on your first day of skiing because your sore thighs and legs are screaming after just a few runs. A preseason ski conditioning workout can help you ski better, stay out longer and have more fun.

Here's a quick, general overview of how to train for skiing:

- **Boost muscle power.** Strengthen the areas that get worked the most: your quads, glutes, hamstrings and hips.
- **Focus on balance.** Work your core and the muscles around your hips, which in turn helps provide stability to injury-prone areas such as the knees.
- **Build endurance.** Condition your body so you don't have to call it a day before you really want to.
- **Bump up your cardio.** Complement this exercise plan with cardio activity such as hiking, biking or interval training to get your lungs and heart pumping.

Before beginning any training plan, check with your doctor or certified training professional.

-- from REI Expert Advice



Ski Activities
Sally Borchardt

A great big thank you to the CMSC for its wonderful seminar at the Sheraton O'Hare Hotel -- great ideas with new and exciting expectations for 2027, but wait, we will start and finish 2026 first:

November is a "get ready" month; check your equipment, boots, skis and bindings, poles, gloves, etc. Don't be afraid to try on those boots and walk around in them for a

while. Do they still fit, or have your feet grown? Go to a local ski shop and see if there is anything more comfortable.

Next, exercise those legs! I know you've been going on the club's bike rides, hikes and walks, but you may need to do more to prepare your body for skiing all day. We want to take some action shots on the slopes with lots of smiles.

Counting down to ski season ...

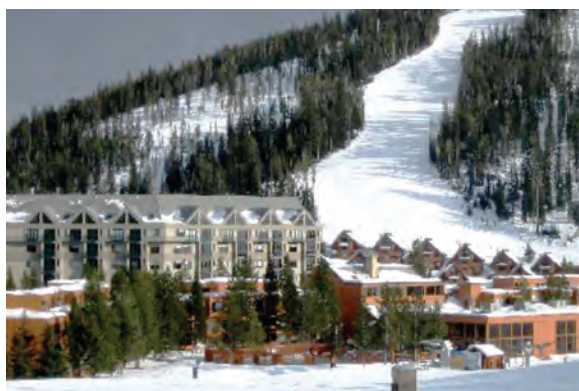
Both of our 2026 ski trips are full and have waitlists. You do not have to pay anything to be on the waitlist. See details for both trips at VagabondSkiClub.com.

Big Sky

Jan. 4-11 (Sunday to Sunday)

\$2,700 (double occupancy)

Join the waitlist



Snowmass

Feb. 7-14 (Saturday to Saturday)

\$2,690 (double occupancy)

Join the waitlist



Ski racing

Your Vagabond Ski Team begins the race season Sunday, Jan. 4, at Sunburst. Spectators are encouraged to come out and watch the team in action, along with a trophy presentation after the race. Several people have joined our club after experiencing a race day.

Metropolitan Milwaukee Ski Council Senior Racing has 14 races scheduled over seven dates this winter. About 40 skiers compete in one of four non-gender classes based on skill level. Two different courses are run for each race, and the times are combined. Awards are presented in each class at each race. Awards are also given in each class at the end of the season. The Vagabonds will again compete against three other teams, with the fastest four men and two women counting for each team.

Prepare for next season by starting an exercise program focused on your legs. Make sure your equipment is up to date. Get your skis sharpened and your bindings checked.

We practice on Monday and Wednesday nights at Sunburst. We always have room on the team for new people of any age or ability. Every year, skiers as young as 21 join the club to compete on the race team. Please note: to race on the team, you need to be a current member of the Vagabonds; go to VagabondSkiClub.com if you need to renew your membership. Once you have joined (or re-joined), you should receive information in the first half of November from the ski race team.

For more information, contact MMCSR Chairman **Al Lemke** at (414) 688-2938 or aklemke2993@gmail.com or visit MMCSR.com.



MMSC Senior Race Schedule



Jan. 4 – Sunburst
Jan. 11 – Sunburst
Jan. 18 – Sunburst
Jan. 24 – Holy Hill
Jan. 31 – Holy Hill
Feb. 7 – Sunburst
Feb. 15 – Sunburst

Practices: 6:30 p.m. Mondays and Wednesdays at Sunburst



Social Activities Denise Kremel

Fish Fry • Friday, Nov. 7 Cafe Hollander, Wauwatosa

Our next fish fry will be Friday, Nov. 7, at Café Hollander's Wauwatosa location, 7677 W. State St.

The Friday special is haddock battered in Lowlands High-Speed Wit beer, creamy pickle slaw, tartar sauce, frites and rye bread.

The two-piece dinner is \$23 including tax and tip, and the three-piece dinner is \$26.50.

Meet at the bar at 5 p.m., dine at 5:30.

Call **Nancy Drolshagen** at (414) 491-3147 or **Cathy Faust** at (414) 429-2384 with questions.

For reservations, go to VagabondSkiClub.com. We are limited to 25 people, so kindly call to cancel if you are unable to attend!

Over the Hump • Nov. 19 Jackson's Blue Ribbon Pub Wauwatosa

Our next Over the Hump get-together will be Nov. 19 at Jackson's Blue Ribbon Pub, 11302 W. Bluemound Road.

Just show up between 4 and 7 p.m. for some great happy hour prices, including \$3 taps and 50-cent wings.

Call **Cathy Faust** at (414) 429-2384 or **Nancy Drolshagen** at (414) 491-3147 with questions. .



Scrabble 1-4 p.m. Nov. 4 and 18 New Berlin Ale House

We play Scrabble on the first and third Tuesdays of the month from **1-4 p.m.** at New Berlin Ale House. The fee is \$1 per person for the server tip along with a

purchase of one beverage, either alcoholic or non-alcoholic. Food is also available for purchase.

This month's games are **Nov. 4** and **18**. Non-members are welcome.

Call **Lynn Kozlowski** at (414) 545-2208.

Sheepshead

6-9 p.m. Tuesday, Nov. 11 and 25
New Berlin Ale House

We play Sheepshead from **6-9 p.m.** on the second and fourth Tuesdays of each month at New Berlin Ale House.

The next games are **Nov. 11 and 25**. Non-members, members and all levels of play are welcome.

Fee: at least one food/beverage order (plus tip) plus \$1 per person; bring more money, and you may win or lose.

Questions: **Jae Hartnell**, (608) 712-7440.



Festival City Symphony



The Vagabonds have a long tradition of promoting the Festival City Symphony to our members. Hear classical music on Saturday afternoons at the Bradley Symphony Center, 212 W. Wisconsin Ave., Milwaukee.

Order tickets online at FestivalCitySymphony.org. The suggested donation for seniors is \$8.

Saturday Classics concerts begin at 2 p.m., preceded by "Unlocking the Score," an onstage presentation at 1:30.

Schedule

Jan. 24 – Mendelssohn's Discovery

March 7 – Pictures at an Exhibition

April 18 – Faith, Persistence and Celebration



Please sign up online for all events.

Go to VagabondSkiClub.com, log-in with your email and Vagabond password to sign up and pay with your credit card.



On the way home from Nashville.



Fall Style Show at the Golden Mast.



See the online directory at VagabondSkiClub.com for an up-to-date list of current members.

80/30 CLUB

Congratulations to the new members of the 80/30 club:

Bonnie Becker • Cathy Faust • Frank Graninger • Bruce Larson

Gail Lofgren • Joan Markowski • Sharon Moretti

Pete Van Aacken • Richard Rueden

The club is looking for friendly and smiling faces to help at the Welcome Desk on meeting nights. Assistance is also needed with membership renewal.

Email JanBreitbach@gmail.com or call (414) 732-9749.



Visit us on Facebook
@ Vagabond Ski & Social Club

Over 65 Years of Fun and Friendships

Vagabond Ski & Social Club Membership
 7809 W. Mount Vernon Ave.
 Milwaukee, WI 53213

Facebook Help Wanted

Help us find new members through
 Facebook: Click Like on the Vagabond
 Ski and Social Club page. To post pictures
 from club events, send them to
jszulc@wi.rr.com.

Stay Informed

For up-to-date information on club events
 and activities, including news and photos,
 visit VagabondSkiClub.com.

DATED MATERIAL

Deliver by October 29

FUTURE EVENTS		Sun	Mon	Tue	Wed	Thu	Fri	Sat
Jan. 4	Big Sky	26	27	28	29	30	31	1 Tennis
Jan. 24	Italy	2	3	4	5	6	7	8
Jan. 24	Symphony	Hike	Tennis	Scrabble	General mtg	Pickleball	Café Hollander	Tennis
Feb. 5	Punta Cana	9	10	11	12	13	14	15
Feb. 7	Snowmass	Hike	Tennis	Sheepshead		Pickleball		Tennis
April 8	Mt. Bachelor	16	17	18	19	20	21	22
		Hike	Tennis	Scrabble	Jackson's Blue Ribbon	Pickleball	Bowling	Tennis
		23	24	25	26	27	28	29
		Hike	Tennis	Sheepshead				Tennis
		30						
		Hike						



**Thanksgiving
November 27**