"ACTIVE ADULTS HAVING FUN"
VAGABOND Life
SKI & SOCIAL CLUB, INC.
November 2026 V68 N11

November General Meeting

WEDNESDAY, NOV. 4

New Berlin Banquet Center • 16000 W. Cleveland Ave.
(east side of building)

6 pm: Check-in

6:30 pm: Socializing and event sign-ups

7 pm: General Meeting

7:30 pm: Dancing to the music of the Hit-Men

Guests welcome – $10 admission

Sign up in advance

- Please register for the meeting online, call (414) 732-9749 or email Jan.Breitbach@gmail.com.

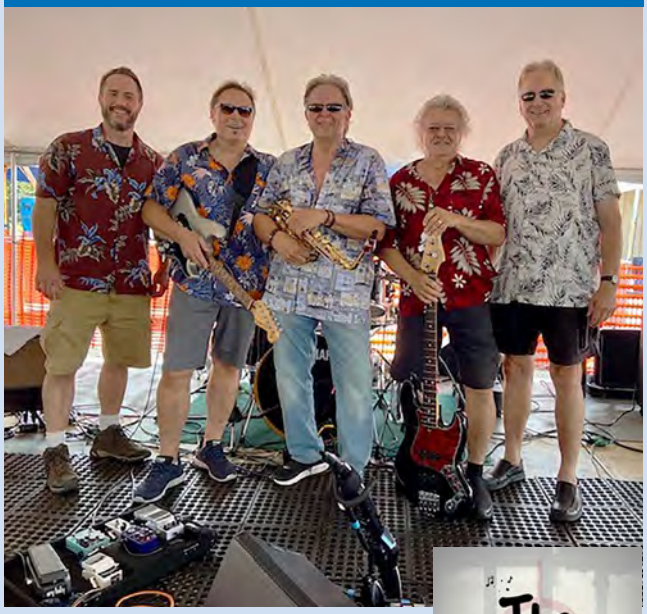
Reminders

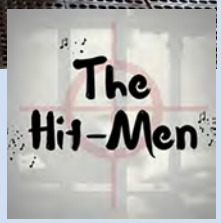
- Wear your Vagabond name tag.
- Park on either side of the building.
- Update your name tag at the meeting if you renewed your membership online.

Dinner plans?

- For a meal beforehand, you might try the New Berlin Ale House (in the same building as our meeting but on the west side).
- No food or beverages may be brought into the meeting room.

THIS MONTH'S MUSIC





Our band for November is the Hit-Men. They know all the oldies hits, so enjoy the music.

Next month: Close Enuf, Dec. 2.

Vagabond Ski & Social Club Inc.

VagabondSkiClub.com

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From the President **Greg Larson**

Changes are a coming for the weather, and Vagabond members will see some, too!

Keep reading and attending meetings for updates. We still have outdoor events and group get-togethers inside. Bob's trip is over, and he is working on the next one for all. Pam is gearing up for her New Orleans trip .Her updates are attached to the last billing email for you to read.

See you at the meeting or events, and Jean and I will be on the New Orleans trip .

Greg



Celebrate the holidays

Dec. 2

Join us for a pre-holiday celebration before the Dec. 2 general meeting at New Berlin Ale House. **Between 5:30 and 6:30 p.m.**, we will have appetizers in the adjoining ballroom of our regular meeting. Tables will be set up in the adjoining room to eat, socialize or play games. Please do not bring food into the meeting room. We are offering a little holiday cheer to every member: On Dec. 2, come for the party and stay for the meeting and then dancing. Cash bar.

Congratulations to the new members of the 80/30 club:



Louise Bozek • Pam Cummings • Gerri Farrington • Cathy Faust
Cheryl Jaeger • Larry Krzyston • Marilyn Leach • Ralph Leach • Al Lemke
Diana Schneider • Jackie Siegel • Joan Takala • Kathy Terek





Sporting Activities
Dave Nelsen

Sunday Hikes

Hike for the Fun – or Just for the Health – of It!

Meet at 1:30 p.m., hike from 1:45 to 3:45



The first hike of the season, along the river in Waukesha.

Join us for Sunday hikes at area parks and urban locales. RSVP to the leader of the hike you are interested in. Please note that hikes begin promptly at the time given; we don't want to leave anyone behind! If the weather is questionable, check with the hike leader. Usually, the hike goes on as planned. For most hikes—unless otherwise noted—we will meet at 1:30 p.m. and hike from 1:45 to 3:45 p.m.

We welcome volunteers to lead hikes in future months. If you have a hike idea or know you can be a leader, contact either **Dan Heidemann** at danlmark@gmail.com or (414) 416-1678 or **Denise Kremel** at bike4icecream1@gmail.com or (262) 349-3442.

Nov. 1 — Forest Exploration Center and Sanctuary Woods: Meet at Milwaukee County grounds, 1800 Exploration Drive, Wauwatosa. Directions: From I-41/45 and Watertown Plank Road, travel east one block and turn left (north) onto Discovery Parkway. Take the roundabout to Forest Exploration Drive. Meet there in the parking lot. We will hike 3 miles to include both parks. There are paved and dirt paths, and bathrooms are available.

Afterward, meet at Dave and Busters, 2201 N. Mayfair Road, for food and fellowship.

Hike Leader: **Betty Riley**, (262) 888-9978.

Nov. 8 — Menomonee Park: Meet at 1:30 p.m. in the parking lot at Lannon Village Park, located on North Lannon Road (Hwy Y) about 1/4 mile north of Good Hope Road. Hike from 1:45 to 3:45 p.m. Wear proper hiking shoes, as conditions may be muddy. Trails are mostly grass, mulch, packed gravel, easy. Afterward, meet for food and beverage at Rumors Sports Bar and Grill, W232N6368 Waukesha Ave., Sussex.

Hike Leader: **Gary Kovach**, (414) 712-3897.

Nov. 15 — Greendale Village and Scout Lake: Meet in front of Greendale Public Library, 5647 Broad St. Greendale. Start at 1:45 p.m. and hike 4 miles through hilly parks and on suburban sidewalks.

After the hike, eat at Panther Pub and Eatery, 5651 Broad St., Greendale.

Hike Leader: **Terese Zinn**, (414) 708-0851.

Nov. 22 — Loew Lake unit of the Kettle Moraine: We will meet in the parking lot of Hwy K just north of Hwy Q in Monches. From there, we will caravan on K and Emerald Drive to the parking lot on Emerald Drive on Loew Lake unit. Trails may be uneven, so wear proper footwear and consider using hiking poles. We will travel about 3 miles.

Afterward, meet at Fox and Hounds, 1298 Freiss Lake Road, Hubertus. (Their special: Buy one dinner and get a second of equal or lesser value for free.)

Hike leader: **Betty Riley**, (262) 888-9978.

Nov. 29 — Minooka County Park: We will meet at 1:30 p.m. in the parking lot on Sunset Drive in Waukesha, just west of Hwy. Y (Racine Avenue) and just east of Hwys. 164 and 59. Park entrance fee is required to enter with a vehicle and park within the park. You may buy a day or year pass online at WaukeshaCounty.gov. Optional parking is just outside the park entrance on a side street. Hike from 1:45 to 3:45, then to Michael's Restaurant, 1400 S. Grand Ave. in Waukesha, to eat and drink.

Hike leader: **Betty Riley**, (262) 888-9978.



Greenfield Park

One-hour Midweek walks

Our Thursday-morning walks are suspended for the winter. They will resume in the spring.

Bowling

Our monthly Bowling League has started at New Berlin Bowl. We bowl on the third Friday of each month.



Ski Activities
Sally Borchardt



Ski trips

Vail • Jan. 17-23 | Park City • Feb. 7-13

Ready ... set ... GO.

Keep up with all your exercises, because we are not only looking forward to these two magnificent trips, we are preparing for 2028! Yes, already, so watch for the flyers coming to your computer mailboxes and choose which two ski trips you prefer. We have our vendor already planting ideas (so obviously he's on board); some even I had forgotten about , Banff Springs, Lake Louise (Canada) along with a wonderful array of U.S. specials – Steamboat, Winter Park, Big Sky, etc. Your votes will determine where we go next year. For those who I haven't heard from, we will also do this on the buses going to Vail and Park City. Stay tuned!!

In the meantime, keep biking and hiking and keeping that body in shape for skiing! (Please don't get hurt!) We are all looking forward to those wonderful slopes!

VAIL – United:	Jan. 17	MKE/DEN	8:30-10:10 a.m.
	Jan. 23	DEN/MKE	6:30-9:23 p.m.
PARK CITY– Delta:	Feb. 7	MKE/SLC	7:15-9:39 a.m.
	Feb. 13	SLC/MKE	5:25-9:25 p.m.

Questions? Call or text **Sally** at **(414) 349-9359** or email sjborch27@aol.com.

Skiing all over the state

Skiing Wisconsin's digital "passport" provides one lift ticket to 17 different Wisconsin ski areas for $249. To purchase tickets visit **SkiingWisconsin.com** to see the list of participating resorts,.

Ski racing

Your Vagabond Ski Team begins the race season Sunday, Jan. 3, at Sunburst. Spectators are encouraged to come and watch the team in action, along with a trophy presentation after the race. Several people have joined our club after experiencing a race day.

Metropolitan Milwaukee Ski Council Senior Racing has 14 races scheduled over seven dates this winter. About 50 skiers compete in one of four non-gender classes based on skill level. Two different courses are run for each race, and the times are combined. Awards are presented in each class at each race. Awards are also given in each class at the end of the season. The Vagabonds will again compete against three other teams, with the fastest four men and two women counting for each team.



Prepare for next season by starting an exercise program focused on your legs. Make sure your equipment is up to date. Get your skis sharpened and your bindings checked.

We practice on Monday and Wednesday nights at Sunburst. We always have room on the team for new people of any age or ability. Every year, skiers as young as 21 join the club to compete on the race team. Please note that to race on the team, you need to be a current member of the Vagabonds; go to VagabondSkiClub.com if you need to renew your membership. Once you have joined (or re-joined), you should receive an invitation in the first half of November from the ski race team.

For more information, contact MMSCSR Chairman **Al Lemke** at **(414) 688-2938** or aklemke2993@gmail.com or visit SkiMilwaukee.org.

MMSC Senior Race Schedule

Jan. 3 – Sunburst
Jan. 9 – Holy Hill
Jan. 16 – Sunburst
Jan. 23 – Holy Hill
Jan. 30 – Sunburst
Feb. 6 – Sunburst
Feb. 14 – Sunburst

Practice days, at Sunburst

Mondays 6:30 p.m.
Wednesdays 6:30 p.m.



Getting Into Ski Shape

You don't want to call it quits early on your first day of skiing because your sore thighs and legs are screaming after just a few runs. A preseason ski conditioning workout can help you ski better, stay out longer and have more fun.

Here's a quick, general overview of how to train for skiing:

- **Boost muscle power.** Strengthen the areas that get worked the most: your quads, glutes, hamstrings and hips.
- **Focus on balance.** Work your core and the muscles around your hips, which in turn helps provide stability to injury-prone areas such as the knees.
- **Build endurance.** Condition your body so you can easily ski run after run without packing it in before you're ready.
- **Bump up your cardio.** Complement this exercise plan with cardio activities such as hiking, biking or interval training to get your lungs and heart pumping.

Before beginning any training plan, check with your doctor or certified training professional.

-- from REI

Racquet Sports

Tennis

Saturday mornings and Monday nights



Vagabonds meet to play tennis at **9 a.m.** Saturdays at Nathan Hale High School in West Allis. Now that the summer league season is over, we also have drop-in tennis at **6 p.m.** Mondays at Elm Grove Village Park. There is no fee, and no sign-up is necessary. Just show up and get on a court with others at your ability level.

Coordinator: **Greg Larson**, (414) 588-4998.

Pickleball

Tuesdays nights



Our pickleball "season" is over, but we still play every Tuesday at 6 p.m. at Lowell Park in Waukesha as long as the weather permits.

Coordinator: **Pat Hummer**, (262) 894-3375.



International Travel
Linda Horn

Explore Portugal and Spain

June

Join us in June 2027 for a memorable journey through Portugal and Spain, with two itinerary options:

- **Douro River Cruise:** A seven-day cruise from Porto, Portugal, to Vega de Terrón, Spain.
- **Full Land-and-River Tour:** Three days in Lisbon, a seven-day Douro River cruise, and four days in Madrid..

Watch for details in the December issue of the *Life* and at VagabondSkiClub.com.

If you are interested, call **Bob Spindell** at (414) 276-6331.



Douro River

Jamaica • Feb. 10-17 • (Wednesday-Wednesday)

Our Winter Getaway trip in February to Princess Senses – the Mangrove in Jamaica is full.

Call **Sue** at (414) 421-6248 for possible openings, details and prices.



Membership
Jan Breitbach

WELCOME NEW OR RETURNING MEMBERS

Consult the online directory at VagabondSkiClub.com for an up-to-date list of current members.

Tom Marlett • Greg Palmeter

Michael Yanko and Patti Guse Yanko • Barbara Young

The club is looking for friendly and smiling faces to assist at the Welcome Desk on meeting nights.

Email janbreitbach@gmail.com or call (414) 732-9749.



Social Activities
Mary Beth Braun

Grease

Nov. 21

Oconomowoc

Grease is the word! Join other Vagabonds at this classic musical at 7 p.m. Saturday, Nov. 21, in the Oconomowoc Arts Center, 641 East Forest St.

Tickets are $19.

Call **Denise Kremel**, (262) 349-3442, or **Dan Heidemann**, (414) 416-1678.



Touring the Amazon Fulfillment Center in Oak Creek.

Fish Fry

Nov. 6

Ingleside

Pewaukee

Our next Fish Fry will be Friday, Nov. 6, at the Ingleside Hotel, 2810 Golf Road, Pewaukee.

We will **dine at 5:30 p.m.**; meet at the bar beforehand.

This will be an all-you-can-eat beer-battered fish fry for $21 plus tip and gratuity.

Reserve your spot by signing up on Wild Apricot or VagabondSkiClub.com.

Questions? Call **Nancy** at (414) 491-3147 and **Cathy** at (414) 429-2384.

Over the Hump

Nov. 18

Saz's, Milwaukee

Our next Over the Hump get-together will be from **3:30 to 7 p.m**. Wednesday, Nov. 18, at Saz's State House, 5539 W. State St., Milwaukee.

We will start earlier than usual because their excellent Happy Hour ends at 4:30 p.m.

Call **Nancy** at (414) 491-3147 and **Cathy** at (414) 429-2384.

Sheepshead

6-9 p.m. • Tuesday, Nov. 10 and 24

New Berlin Ale House

We play Sheepshead from **6-9 p.m.** on the second and fourth Tuesdays of each month at New Berlin Ale House. The next games are **Nov. 10** and **24**. Non-members, members and all levels of play are welcome.

Fee: at least one food/beverage order (plus tip) plus $1 per person; bring more money, and you may win or lose. For more information, call **Jae Hartnell**, (608) 712-7440.

Festival City Symphony

The Vagabonds have a long tradition of promoting the Festival City Symphony to their members. Hear classical music on Saturday afternoons at the Bradley Symphony Center, 212 W. Wisconsin Ave., Milwaukee.

Saturday Classics concerts begin at 2 p.m., preceded by "Unlocking the Score," an onstage presentation, at 1:30.

Order tickets online at FestivalCitySymphony.org. Admission is free; the suggested donation for seniors is $5.

Schedule

Oct. 24	River, Sea & Symphony: The Moldau & Sibelius's First
Jan. 30	Grace & Grandeur: Mozart's Turkish Violin Concerto & Jupiter Symphony
March 6	American Mosaic: Music of Beach, Higdon, Tower & Price
April 17	Heroic Visions: Beethoven & Bruckner

New Orleans road trip

Nov. 1-9

$2,400 double occupancy

The escorted motor coach tour between Milwaukee and New Orleans leaves Nov. 1.

Call **Pam Cole** at (414) 750-6011.



"ACTIVE ADULTS HAVING FUN"
VAGABOND
SKI & SOCIAL CLUB, INC.

Official Use Only	PEC / ☑ / $ / CC
#_____	$_____
Card _____	SASE

RENEWAL APPLICATION

Single $27 | Married Couple $39

Today's Date: _____ **PLEASE PRINT CLEARLY**

Name _____ **Signature** _____

Spouse name (if member) _____ **Signature** _____

If you wish to receive your membership sticker by <u>mail</u>, be sure to enclose a self-addressed *stamped* envelope.

I would like to receive the LIFE Newsletter via email. ____Yes
If you would like the newsletter delivered to you by U.S. mail, add $20 to your renewal fee.

Complete this section only if information has changed.

Address_____

City _____ **State** _____ **Zip**_____

Home Phone (_____)_____ **Cell Phone (_____)**_____

Email _____ **F__ M__**

Are you retired? Yes / No What was / is your career field? _____

Spouse Cell Phone (_____)_____ **F__ M__ Spouse Email** _____

Are you retired? Yes / No What was/is your career field?_____

Winter address _____ **Dates - from** _____**to**_____
(Month and approximate date)

City _____ **State** _____ **Zip**_____ **Phone (_____)**_____

The personal information listed above **will be** published. (**available to members only**). **Except**:

_____ _____ _____ _____ _____

EMERGENCY CONTACT: Name _____

Home Phone (_____)_____ Cell phone (_____)_____

_____I am a past President; years served: _____

_____I am in the **80/30 Club** (Year enrolled _____) -OR- **Charter** Member

If checked above - Please fill out and sign this application form; no payment is necessary.

I, as an undersigned, hereby acknowledge and agree that as a condition of being a member of the Vagabond Ski & Social Club of Milwaukee, Inc.

* I am at least twenty-one (21) years of age.
* I accept and assume all risks of personal injury, death, and loss of or damage to property which may be incurred by me during my participation in club activities..
* I assume all liability for injury to or damage incurred by others as a result of my conduct while participating in club activities.
* I release the Vagabond Ski & Social Club of Milwaukee, Inc., and its agents, officers, and directors from any and all liability for personal injury, death, or property damage incurred by me during my participation on said event or in connection therewith, and waive any claim I have or may in the future have therefore.
* I hereby indemnify and hold the Vagabond Ski & Social Club of Milwaukee, Inc., and its officers and directors harmless from any and all damages, costs, and expenses (including, without limitation, reasonable attorney's fees) which may be incurred by them as a result of any action by me in asserting any claim against them.

Mail this *signed* application with your check made out to Vagabond Ski & Social Club (VSSC) to:

Jan Breitbach
Vagabond Ski & Social Club - Membership
7809 W Mt Vernon Ave
Milwaukee, WI 53213

Revised 8/2024

"ACTIVE ADULTS HAVING FUN"

VAGABOND SKI & SOCIAL CLUB, INC.

Over 65 Years of Fun and Friendships

Vagabond Ski & Social Club Membership
7809 W. Mount Vernon Ave.
Milwaukee, WI 53213

DATED MATERIAL

Deliver by October 28

Facebook Help Wanted

Help us find new members through Facebook: Click Like on the Vagabond Ski and Social Club page.

Stay Informed

For up-to-date information on club events and activities, including news and photos, visit VagabondSkiClub.com.

FUTURE EVENTS

Dec. 2	General meeting
Jan. 17	Vail
Jan. 30	Symphony
Feb. 7	Park City
Feb. 10	Jamaica



Happy Thanksgiving!

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Orleans Hike	2 Tennis	3 Pickleball	4 General mtg	5	6 Ingleside	7 Tennis
8 Hike	9 Tennis	10 Sheepshead Pickleball	11	12	13	14 Tennis
15 Hike	16 Tennis	17 Pickleball	18 Saz's	19	20 Bowling	21 Tennis Grease
22 Hike	23 Tennis	24 Sheepshead Pickleball	25	26	27	28 Tennis
29 Hike	30 Tennis	1	2	3	4	5